



ST. MATTHEW'S

The Anglican Church in the Glebe

Pulse of the Parish

DECEMBER 2023

EVERY IDEA IS A GOOD IDEA

JIM LYNES, RECTOR'S WARDEN

Advent is that time of waiting in joyful expectation. Even though the days grow ever shorter, we have learned since ancient times that this is not the end of time, only the perpetual cycle of darkness and light, of decline and rebirth. Perhaps, not purely coincidentally, St. Matthew's Parish Council has been pondering the life of our parish. In September, we met to look at the scenarios before us: whether to seek to *Thrive*, or be content to *Survive*, or even seek to *Transition* to something else that might be our pathway to being able to *Thrive*.

On October 28th, we met again to take stock of our parish and where we might go from here. We began with a SWOT exercise – Strengths, Weaknesses, Opportunities and Threats. Interestingly, what some thought were our strengths, others thought the exact opposite, that they were our weaknesses. Some items fit both or even all four categories. Take for example our church building. The beauty of our worship space is one of our strengths. The age of our building (she'll be 100 in 2030) and our ability to cover the cost of maintaining it is a weakness. The ability to make better use of our building for community purposes and for income generation is an opportunity. The risk that our antiquated steam heating system may fail suddenly is a threat.

We then turned to Idea Generation. What could we do to build on our strengths, address our weaknesses, take advantage of the opportunities that are out there and counter potential threats? The only basic rule for the exercise was that *Every Idea is a Good Idea* – at least at this stage.

This was not the time to debate and criticize ideas; it was a time to use our creative talents to identify as many things as we could in a very short time. We did the Idea Generation exercise twice: first on how to grow the Parish and

then on how to make us more financially sustainable. Participants wrote down ideas on sticky notes and all notes were posted on boards.

The third part of the session was to see whether there were some ideas that had more support than others. Each participant was given six sticky dots: three for parish growth and three for sustainability. They were allowed to vote by putting a dot on their preferred ideas. The next day as part of the Sunday morning services, we showed parishioners the results of the Parish Council retreat and asked them to add any new ideas and to vote on their preferred ideas. Parishioners were given different coloured dots, and children and youth were given picture stickers so that we could distinguish their votes from those of Parish Council. A total of 312 votes were cast. As we sorted through the ideas and the votes, we discovered a number of themes. Here are the three most popular ones.

1. Welcoming

Sometimes the best solutions are the simplest. *Become more welcoming as a parish*. This theme included suggestions such as "bring a friend to church", invite a friend to a church event like a spaghetti dinner, make some of our parish events into community events (e.g. pancake supper).

Other ideas had us reaching out to the community to make ourselves known and to welcome the stranger – whether a new neighbour, university students, community groups and immigrant groups (particularly from those countries which have an Anglican population). Other ideas went beyond initiatives to attract new parishioners to getting in touch or keeping in touch with those who had drifted away or were no longer able to attend for a variety of reasons – especially the elderly.

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Jim Lynes, Elizabeth Kent, Denis Martel, Julia Lipinska,
Emma Lassiter, Lana Pastuszek, Tom Martin, Bill Nuttle,
Ian Glen, Randi Goddard

A Prayer for These Times

As we look back with a sense of pride on what has been accomplished in the last 100 years in our world, we give thanks for the leadership in every facet of society which has made it possible.

Grant, O God, in this time of renewed suffering globally, that we may have able leadership in government, in the judiciary, in the learned professions, in business and in the arts and sciences.

May those who speak where many may listen, and write what many may read, have the wisdom to seek what is right and true and the wisdom to carry it out. May they perform

Justice W.C.G. Howland

their public duties for the well-being of all so that peace may prevail without oppression.

May there be justice with order, may those who seek work be able to find it, and may men and women from different cultures and with differing talents live together with one another in harmony, free from any form of prejudice and oppression. Amen

(Justice Howland's prayer was suggested to us by Archbishop Barry Curtis and has been adapted for these times. Justice Howland was the Chief Justice of Ontario from 1977 to 1990.)

DISCERNING GOD'S CALL TO ST. MATTHEW'S

THE REVEREND GEOFFREY CHAPMAN

Dear St. Matthew's,

What is our vocation as a church? We are called to love God, which provokes a call to worship. But Jesus teaches us that we can see God as we minister to the poor, the sick, the hungry, the persecuted and those in need. We have a vocation to love God *and* to love others – how do we live out this vocation in 2023?

We have created a loving Christian community, but we know that we are called to minister outside our bounds. How can we best love one another and love strangers? We have a beautiful worship space, but there is a cost to heating and maintaining such a stunning space in the heart of Ottawa. How can we balance our deep need for a sacred space with the challenges of caring for a heritage building?

To aid in our discernment, I commend to you this Prayer Module for small groups. Vocations must be discerned, and we discern as Christians in prayer. Please pray for the world, pray for peace, and pray that God might guide and shape us and our faith community.

Discerning God's Call to St. Matthew's A Prayer Group Module for Stewardship Discernment

Opening Prayer

Leader

Almighty and Everlasting God, pour upon us your divine wisdom, that we might discern the best ways to serve you and our community with the gifts you have entrusted to us. In the diversity need and crisis surrounding us, bind us together in unity that we may be of one heart and one mind.

Guide our discussions, O Lord, so that they may be marked by love, respect, and a common purpose. Help us discern your call to us. We offer this prayer in the name of the Father, the Son, and the Holy Spirit.

People

Amen.

Scripture Reading

Reader

"Everyone, then, who hears these words of mine and acts

on them will be like a wise man who built his house on rock. The rain fell, the floods came, and the winds blew and beat on that house, but it did not fall because it had been founded on rock. And everyone who hears these words of mine and does not act on them will be like a foolish man who built his house on sand. The rain fell, and the floods came, and the winds blew and beat against that house, and it fell—and great was its fall!"
(Matthew 7:24-27)

Take a moment to reflect on this passage. Offer a word or a phrase in response.

Sharing of Concerns and Hopes

Each participant is invited to share their concerns and hopes for our faith community.

Silent Reflection

Allow for a period of silent prayer, during which participants can individually pray and meditate on what they've discussed and what they believe God may be guiding them to do. The group may decide how long to pray in silence.

Group Discussion

Each participant is invited to share their reflections and any insights they gained during their reflection on scripture, the shared concerns and hopes, and the time of silent prayer. Everyone is encouraged to listen attentively and respect each other's perspectives.

Closing Prayer

All

The grace of our Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with us all evermore.
Amen

As we move towards Christmas, a time of hope and joy, may we reflect on St. Matthew's call to serve God and Jesus.

I wish you a blessed Christmastime.

Geoff+

(Continued from page 1)

2. Children and Youth

October's family service was one of the best attended services this year. It was followed by Souper Sunday which had a record number of attendees – over 100. Virginia Lindsay reported that she knew we had at least that many attendees because we have 95 bowls and ran out of bowls! So, there's something about young families and children that is key to parish growth. How does a parish that counts about 40% of its membership among those over 70 years of age attract young families with children?

There were many suggestions, from getting children more involved in Sunday worship and outreach activities, to events that are just plain fun: like a sleepover at the church, music activities and learning opportunities, outdoor activities, movie nights. A related idea was providing babysitting services for all parish special events so that young parents can attend these events and services.

3. Making Better Use of our Building

Much of the space in our church is unused most of the hours of the week. Although we do have tenants who make regular use for short periods of time, for most of the week both the nave and the downstairs hall sit vacant. How do we increase the use of both spaces – either with paying customers or for community and parish events that would make St. Matthew's a more integral part of the community? Non-paying clients can still be valuable financial supporters when it comes to the need for fundraising to preserve or enhance our building.

This is a complicated issue. We want more income from rentals, yet we want the church to be always available for parish activities. We want to attract clients, but the cost to refigure our space to meet their specific needs

may be prohibitive. We want to encourage a wide range of community uses, yet want to preserve our special sacred space.

There were lots of other ideas in terms of ministry, social activities, music, community use of our space, fundraising and stewardship; however, if we could concentrate on these top three themes over the coming year, it could transform the parish.

This is by no means the first time that the parish has undertaken this kind of examination, but there is a big difference between expressing a good idea and actually implementing it.

The first step is to define in greater detail what we are trying to achieve. What is it, specifically, that we are trying to do? How do we do it? What will it cost? What would be the benefits? Would it help secure the long term future of the parish? Who are the clients and what is the demand for such an activity? Can we do it ourselves or do we need professional advice and support? Has it been tried elsewhere and, if so, to what extent was it successful? Can we learn from others' experience?

There are many questions that need answering, but the first and most important is: "Who is going to work on getting the answers and moving the issue from idea to reality?"

Work has already started.

- The Executive Committee of Parish Council met on November 21st and agreed to flesh out those top three themes in order to present a proposal to Vestry in February and include any cost implications for the 2024 budget.

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Parishioners hard at work on Sunday, October 29



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- The Welcoming Committee has taken a first step by holding a “bring a friend to church Sunday” on November 26th.
- Under the leadership of Rev. Geoff and our Youth Coordinator Roland Kuehn, our youth program is growing month by month, with youth taking a larger role in Sunday worship – especially as part of the monthly family services.
- We have had an expression of interest from a new client seeking to rent part of the basement for dance lessons.

Those first steps are encouraging, but fulfilling the desire to thrive as a parish will require significantly more effort in each of those three areas. If you are interested in getting involved in any of those three areas, please let Rev. Geoff or one of the wardens know. If you have any skills or experience that would be useful in an advisory capacity, please offer to help out. Some of the work may be quite short term, while other tasks may take much longer. Pick a project that can work for you and your time constraints.

If we succeed in advancing these three major initiatives, it will make a big difference to the financial viability of the

parish and the sustainability of our ongoing operations and ministries. Even with that, however, the costs of addressing issues with our building over the coming decade will be significant.

More parishioners who make regular offerings, greater use of our space by paying tenants and the continued success of our amazing fundraising initiatives will all help address our requirements for capital investment.

Seeking funding from third parties and foundations who share our purposes will also help. But in the end, it is through the generosity of our parishioners that St. Matthew’s will continue to thrive.

As we continue our Advent journey towards the joy of Christmas, please think about how important St. Matthew’s is to you and please give as generously as you are able. We will continue to update you on progress through articles in the *Pulse of the Parish*, chapel chats and on our website.

Wishing you a Blessed Christmas and a thriving 2024.

Jim Lynes, Rector’s Warden
 Denis Martel, People’s Warden
 Debora Fleming, Deputy Warden
 Charles Nixon, Deputy Warden

SPAGHETTI DINNER AND CROKINOLE TOURNAMENT

HEATHER SHEEHY AND DENIS MARTEL

St. Matthew’s second Spaghetti Dinner & Crokinole Tournament took place on November 4, 2023. This inter-generational family event was attended by 60 people of all ages from the congregation, extended families and friends.

Filled with spaghetti, salads, bread and sweets, participants were ready to kick off the crokinole tournament. nine boards were set up for the round robins, which culminated with the finale between last year’s winners, Daphne & Raymond, and our youth representatives, Sam and Caleb (who had practiced at home for most of that afternoon!). Daphne and Raymond came out ahead and became our winners again this year.

Thanks to all participants who came with their joyful spirits to share among friends. Thank you also to those who lent their crokinole boards; helped with the preparations, cooking, serving and clean up duties; and to those who ran the tournament.



SYNOD 2023: FOCUS ON RENEWAL AND EQUIPPING PARISHES TO THRIVE

RANDI GODDARD

RANDI GODDARD

**St. Matthew's
Lay Members of Synod**
Randi Goddard
Charles Nixon
Lisa Sheehy
Leonard Surges

From October 19 to 21, representatives of St. Matthew's joined clergy and lay delegates for the 143rd Synod of the Anglican Diocese of Ottawa.

Synod began with a Eucharist service at Christ Church Cathedral during which Bishop Shane Parker delivered his Charge. He noted the importance of the church being well run and properly resourced to foster internal cohesion with a resulting ability to serve outward. Bishop Shane spoke of the diocesan-wide [Shape of Parish Ministry \(SPM\) Consultation](#), launched in 2020. He said that now, in 2023, we must assess where we're at and "carefully and collaboratively discern what God is calling us to do."

Guest speakers, The Very Reverend Canon Richard Sewell, Dean of St. George's College, Jerusalem and his wife JulieAnn, addressed Synod with very moving messages about the dire situation in Israel and Palestine. Dean Sewell spoke of a long hard road towards justice, peace and reconciliation that will begin by building bridges of understanding.

Next on the agenda was an update on the Shape of Parish Ministry Consultation (SPMC). At last year's Synod, three SPMC major proposals were resoundingly approved:

- Proposal 1: Shape of Parish Ministry; strengthening the future;
- Proposal 2: Lifelong Formation: nurturing parish ministry; and
- Proposal 3: Engaging with the World: contextual mission and new worshipping communities.

In 2023, these proposals were transformed into [Eleven Actions](#) which are strategic priorities of the diocese. Actions are at various stages of development and implementation. Synod approved three key initiatives:

1. Action plan for contextual mission and new worshipping communities

Contextual mission begins with the question "How is God calling us to proclaim the Good News in our time and place?" In a post-pandemic, multicultural, largely secular culture, the church has to find new ways to engage with

the people and communities around us.

The vision is that every parish and congregation will initiate or collaborate on at least one identifiable new venture by 2028. By 2032, the 135th anniversary of the founding of our diocese, the goal is to have created 35 new worshipping communities (NWCs), in a great variety of shapes and sizes.

Components of the action plan include:

- A Time of Prayer: Listening for Divine Sparks in our Midst – launched at Synod, all parishes, groups, and individuals are called to participate in regular prayer to discern where God wants us to act.
- Establishing and overseeing the practice of Contextual Mission – clergy and lay leaders will play an essential role in support, monitoring, evaluation, and communications.
- Supporting Leaders, Lay and Clergy – resources such as a knowledge network, qualified coaches, symposia with opportunities to participate in courses and workshops.
- Supporting Parishes and Congregations – a step-by-step guide to engaging in contextual mission and NWCs, with multiple sources of funding and other resources.
- Financial Resources – Parish funds used to support new contextual mission initiatives and NWCs will be exempt from assessment for Proportional Parish Share; a micro-grant program will be established

2. Funding parish engagement with the world

A Future Fund will provide support for contextual mission and NWC initiatives.

3. Equipping parishes to thrive

Parish development is about equipping congregations with core knowledge and skills that are essential to thrive, particularly during times of significant change. Knowledge, resources and experience from the Diocesan School for Parish Development will be combined with new

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FIRST EVER BLESSING OF THE BICYCLES AT ST. MATTHEW'S

MARG TERRETT

Some things we take for granted; for instance, we think that there will *always* be clean air, clean water and clean soil in abundance. We are then surprised when these environmental rights are no longer available to us.

However, each day we often don't do as much as we could to ensure that those components of healthy living are cherished and protected. Much of our individual carbon footprint comes from our daily living: transportation, heating and cooling homes, cooking, and clothing. At St. Matthew's, the Creation Matters Group is working to draw attention to the things that we, as individuals, can do reduce our carbon footprints.

On Sunday, October 15th, parishioners were invited to bring non fossil fuel modes of transportation to church to be blessed. Many brought their walking shoes and bus passes. Many also brought their beloved bicycles. Reverend Chapman invited everyone to bring their pre-

ferred method of transportation to the front of the church to have them blessed. We even had a tricycle in the collection!

Bicycles bring joy to riders as they explore God's Creation. They also are functional as they take people to work, school, shopping or visiting friends. Travelling on cycles makes significant savings in carbon emissions. The same is true for those who choose to walk or take public transit.

Blessing bicycles and all modes of transportation that help curb carbon emissions helps us to understand that we can all have a part in creating a society that is more aware of the need to pay attention each and every day to what we can do to help to reduce our carbon footprint and protect our home.



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educational and training resources to create modules for parish development.

Synod approved a balanced budget for 2024-2026. The Diocese has decided to use the interest on their funds for the running of their programs, and as a result St. Matthew's Parish Fair Share payments (now called Proportional Fair Share) will drop by approximately 15%. As well, St. Matthew's contribution to the cost of priestly services is expected to drop slightly in the short term. Finally, Synod attendees heard a compelling report on Diocesan Community Ministries.

Looking ahead

This is a very exciting time in the history of our parish and diocese. Together, we will continue our journey of exploration and discovery supported by strong leadership and a clear vision. Now, it's up to all of us to actively engage and boldly embrace our future with a sense of wonder and curiosity.

We are called to share the Good News! So let's keep our hearts and minds open, confident that the Holy Spirit will guide us on our way.

INTRODUCING OUR NEW CHORAL SCHOLARS

DR. ROBERT HALL

Three years ago, at the suggestion of Kirkland Adsett, a Choral Scholar program was established at St. Matthew's. Choral musicians, at the beginning of their careers, would be engaged to provide support to each section of the choir while at the same time providing choral and leadership experience for them.

The program has been a great success. Choral Scholars to date have included Mathieu Sabourin, Anna Reusing, Noah Braganca, and Rebecca White. We are happy to introduce our newest scholars to St. Matthew's.

Emma Dudley Lassiter

Emma is an American-Canadian Mezzo-Soprano, conductor, and educator who relocated to Ottawa to be closer to her family in July of 2023. She holds a Master of Music degree in Choral Music Education from the University of North Carolina at Greensboro and a Bachelor of Music degree in Choral Music Education from the Hayes School of Music at Appalachian State University.

She sang alto in the North Carolina Master Chorale (a highlight was singing in *Carmina Burana*), collegiate symphonic and chamber choirs, contemporary opera, and a Baroque ensemble. For the past four years, she rebuilt a struggling middle school choir program in the southern United States and under her direction, the program doubled in size.

Since moving to Ottawa, Emma has joined "Harmonic Generation" and sings with the Ottawa Choral Society as a recipient of their Choral Development Bursary. She has enjoyed her first month at St. Matthew's, and is looking forward to making music in this beautiful space and community.



Lana Pastuszek

Lana joined the St. Matthew's choir as a Choral Scholar in September. She is currently completing an undergraduate degree in music with a specialty in Vocal Performance at the University of Ottawa, having moved to Ottawa from Mississauga for her studies.

Through her childhood and adolescence, Lana took every opportunity to sing: in school choirs, performing solo repertoire and singing around the campfire with family and friends. She is active in the Ukrainian Canadian community, and volunteers as a youth counsellor with Plast, a Ukrainian Scouts organization.

Her volunteer work allows her to spend time on her hobbies, such as camping and spending time outdoors. She is excited to get to know the St. Matthew's community.



HOCKEY STICKS AND OTHER METAPHORS

PAUL WEFERS BETTINK

As we approach the Christmas season, in addition to all the lights and music, one receives calls from various good causes for increased donations. As mentioned in the bulletin, we have asked our parishioners, if they are able, to increase their donations (e.g. 5, 10 or 20 percent) to help us to meet our budget goals. Normally, at the end of the year, there is an uptick in donations (hence the hockey stick metaphor).

To get an idea of our current financial situation, find below a summary table of our income and expenses comparing January to end of October for this year (2023) with last year (2022).



	2023 January to October	2022 January to October	Difference \$	Difference %
Income (\$ thousands)				
Donations - General	295.8	290.4		
Donations - Designated	10.6	9.3		
Rental, Music & Other	66.3	48.0		
Fundraising	45.9	35.5		
Investments	2.3	22.3		
Total Income	420.9	405.5	15.4	3.8%
Expenses (\$ thousands)				
Church Building	75.3	75.3		
Capital Expense	53.7	0.9		
Communications, Liturgical, Education	11.8	9.3		
Outreach and Diocesan	116.8	119.9		
Office and Personnel	244.8	263.0		
Music	9.3	10.5		
Fundraising	2.8	1.0		
Total Expenses	514.5	479.9	34.6	7.2%
Net Income (Deficit)	-\$93.6	-\$74.4	-\$19.2	25.8%

In terms of income levels, it is a relatively positive story. Our overall income increased about 4 percent compared to the previous period last year. However, due mainly to increased capital expenses (e.g. repairs to the heating-boiler and a stained glass window, and the new First Avenue door), our expenses were about 7 percent higher this year compared to last year. Other expenses are comparable or even lower than last year.

This is why, while others are dreaming of a white Christmas and Santa Claus, members of your finance committee

are thinking about hockey sticks. Again, if you can possibly increase your regular donations for the end of this year, and increase your planned donation amounts for next year, this would be greatly appreciated.

If you have not already done so, you might want to register for pre-authorized giving through our PAR program or make donations online (more details of the various ways you can donate are described on page 13). St. Matthew's is a beautiful community and place for worship and fellowship. Please be generous. Thanks.

OUR EIGHTH ANNUAL WALK FOR THE CENTRE

ELIZABETH KENT

October 1st was a brilliant warm sunny day for our 8th annual Walk for the Centre! A time to celebrate together and highlight the need for food security in Centretown. On behalf of the Centretown Churches Social Action Committee (CCSAC), I wish to thank you for your help in making the 2023 Walk for the Centre a success.

Jean Pigott Place was bustling with activity. Friends and neighbours greeted one another, teams were reunited, having photos taken with amazingly hand-crafted posters to celebrate the Walk. Others were enjoying the music of the Barbershop Quartet, Tour de Four. There were contests and a draw for a \$50 gift certificate from the J.D. Adams Kitchen Store.

Our guest speakers were City Councillor Ariel Troster, Somerset Ward and our local MPP Joel Harden. Nineteen teams of lively walkers from CCSAC member churches, as well as many individuals from the community participated. The Sons of Scotland, a pipe and drum band, led walkers out from City Hall and piped us along the Rideau Canal, contributing to a very festive spirit.

We raised over \$42,000 in much needed funds for the Centretown Community Food Centre. We no longer receive an annual grant from the City and we served over 11,000 hungry people this past year at the Food Centre. A special thank you to the St. Matthew's Team, which raised over \$3,000 for our neighbours.

The Centretown Community Food Centre is open three days a week and serves people with a four-day supply of prepackaged food, once a month. The Community Food Centre offers a helping hand and a smile to those with financial, social and food insecurity. Their clients are also the vulnerable, the isolated and marginalized and the Centre provides resources for community services: where to find groceries, meals, shelters and drop in Centres. They are neighbours helping neighbours, at 370 Catherine St., in the Community Service Hub.

We hope that you will be able to join us or support a walker for the 2024 Walk for the Centre. We are serving Christ by serving our neighbours. In the meantime, thank you once again for the support you have provided in this year's Walk.



Left: Tour de Four Barbershop Quartet

Right: Sons of Scotland Pipe and Drum Band

Below Left: Winning poster by the team from Southminster United Church

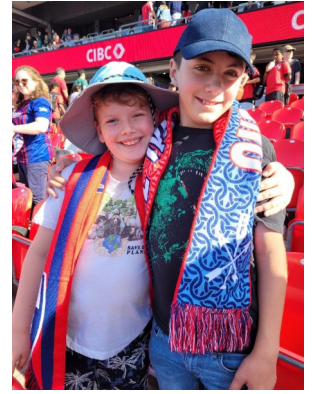
Below Right: Walkers on the way





ST. MATTHEW'S AT THE ATLÉTICO SOCCER GAME

PAUL LINSDAY



A group of 40 people from St. Matthew's attended a match of the Atlético Soccer Club at Lansdowne Park. This was part of a series of intergenerational family activities for the year. We were glad that Noor, Omar and Mustafa, who have been sponsored by FACES, could join us for the game.

Game Summary

The Ottawa Atlético soccer game between Ottawa and Winnipeg on September 24th, 2023, was very exciting. Both Ottawa, and Winnipeg played amazing defense and offence. Denis Martel organized the outing, and distribut-

ed scarves that were offered by two of St. Matthew's former Sunday School teachers. We thank them.

If I could describe the game in one word, it would be *fun*. The game had been zero to zero for 90 minutes and went into extra time. Ottawa's star players in this game, Samuel Salter and Ollie Basset had lots of golden chances to score, but just couldn't get the ball in the net. Luckily, Winnipeg couldn't either until, in the last three minutes of the game, they scored a goal to win!

Throughout this game, this reporter had adrenalin rushes of excitement. It was great!!

St. Matthew's Reaches Ottawa Youth Services Bureau Fundraising Goal

Julia Lipinska

In 2021, St. Matthew's Outreach Committee set an ambitious goal to raise \$6,000 to sponsor both a young woman's and a young man's room at the Ottawa Youth Services Bureau's (YSB's) new shelters for vulnerable youth. Just after Thanksgiving of this year, the campaign received a donation which put us over our \$6,000 goal! The YSB was also a major beneficiary from St. Matthew's 2019 Auction and received \$10,000 towards their new centre.

YSB shelters offer safe housing for young women and men aged 16 to 21. Shelter staff work one-on-one with them to help with their specific needs and to connect them with the right social services and organizations. Programs are also offered to help these teenagers and young adults build needed life skills.

St. Matthew's has had a long association with the YSB, starting with the Angels with Backpacks program for YSB clients, and purchasing bedding, towels and other items for the new shelters' rooms.



*This room is lovingly sponsored by
St. Matthew's Anglican Church*

Thank you to everyone who contributed to St. Matthew's campaign through cheques to the church, via our specific fundraising web page, through pandemic at-home teas, and by purchasing handmade Christmas cards and gift tags. Your generosity in helping us meet this goal is much appreciated.

NOOR AND OMAR RACING TO PREPARE FOR THEIR FIRST CANADIAN WINTER

TOM MARTIN

Since their arrival in April Noor and Omar have been busy – taking English courses, setting up house in Ottawa and getting established, looking for job opportunities and exploring their new community.

They both attended the English online courses for three months and one-month full time in summer school. On arrival in Canada, they already had a good command of the English language but now they find themselves more proficient than before. They seek out social occasions and opportunities to keep practicing. For newcomers it is very important to master language skills to enter the job market. These two are more than ready.

They have settled well into their apartment which now feels like their home. The two bedrooms have allowed them some space to do their studies.

They are bracing and preparing for their first winter in Canada. They are both surprised at how cold it can get and how early the sun sets. Looking for winter clothes can be challenging with not knowing what is in store for them over the winter. We hope to get them out to enjoy some winter activities. Omar is keen to learn to skate. Noor is little more cautious and a bit nervous of the cold. Noor plans to get a very very warm winter coat.

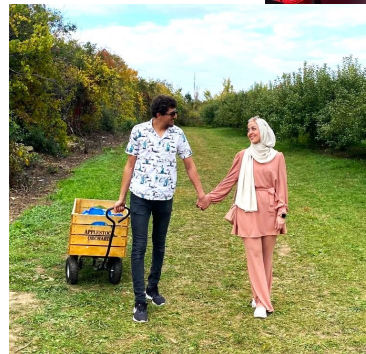
Both Noor and Omar are university-educated and are working on having their degrees assessed for equivalency in Canada (apparently a 6-month process). They both hope to find employment in their relative disciplines.

Noor holds a master's degree in Biochemistry and Technology. In the fall she took a certificate course at Algonquin College in "Achievement in Administrative Skills for Success". She hopes this will sharpen her computer and communication skills necessary to enter the Canadian workforce. Noor is currently seeking an administrative position in healthcare and not-for-profit organizations.

See Ottawa Citizen report on [Skills for Success](#) (with Noor who is pictured there).



Right: Noor at the Atlético Soccer Game



Picking Apples



Canada Day

Omar holds a bachelor's degree in Food Science and Biotechnology Engineering. He would like to eventually work in the dairy/food agriculture industry. Since the beginning of summer, using platforms like Indeed and LinkedIn, attending job fairs and even delivering applications by hand, he has applied for more than 90 jobs!!

He is currently training with a real estate company to be a maintenance technician which could lead to a full-time position. Omar hopes that this will improve his chances to get another job by gaining some Canadian experience. Omar passed his G2 drivers' licence and is thinking about getting a car.

According to Noor "Except for it being very expensive, everything here is just amazing, no violence or racism, just kind people with smiling faces everywhere." We continue to be amazed at this couple's enthusiasm and energy. We are certain that they will be successful in their new lives here.

THE ISAAC-ADAM FAMILY APPLIES FOR CANADIAN CITIZENSHIP

TOM MARTIN

The Isaac-Adam family of eight arrived in July 2017 and has grown to 10 with the births of Moez in 2018 and Osman 2021. The Isaac-Adams made applications in August to become Canadian citizens for which they hope to hear a response soon.

Since last October, Adam has been working at Bronson Centre. At the age of 55, Adam does not have to pass language proficiency or knowledge of Canada tests to apply for citizenship. His spoken English has improved.

A provision of the citizenship act allows Adam and his minor children (under age 18) to apply as a family with all of the applications in a single package. Unfortunately, Kubra needs more time to practice her English before applying. She is 42 and is not exempt like Adam.

Their children under the age of 18 who form part of the family group include twins Faris and Feirus (both 17), Mohamed (15), Muhsin (13), and Mazin (10). Moez (5) and Osman (2) are already Canadian citizens as they were born here in Ottawa.

Abdu, the eldest, is now 23, and has a job at Amazon. He is also attending computer courses, hoping to get into the computer security field. He has applied for citizenship by himself and has completed all the requirements. He hopes to have his citizenship ceremony soon.

The kids are thriving at school.



Above: Adam and Kubra Isaac-Adam with seven of their children taken on the celebration of Eid al Fitr



Above:
Adam Isaac-Adam,
Kubra and Osman



Right: Osman at 10 months

Did you know

Monthly PAR (pre-authorized remittances), using envelopes and cash are the most cost-effective ways for St. Matthew's to receive your donations. (To receive a tax receipt, be sure to provide your address.)

There several ways to give to St. Matthew's electronically:

- Select the 'Donate' option on St. Matthew's website at <https://www.stmatthewsottawa.ca/> that takes you to the Canada Helps website where we are registered.
- Donate online through St. Matthew's Online Treasures Boutique at [Treasures Boutique](#).

- For parishioners who are giving to the Government of Canada Workplace Charitable Campaign (GCWCC) at <https://www.canada.ca/en/campaign/charitable.html>, you can direct your donation to charities of your choice, including St. Matthew's.

Using the search engine, type in St. Matthew's Parish (note no space after St.) or enter the Business Number: **108084658RR0078** at 217 First Avenue, Ottawa.

St. Matthew's is working on other ways to enhance supporting St. Matt's and its good works. We'll be sharing more of this information with you in the months to come.

With grateful thanks for your ever faithful support.

Janice Sonnen

ST. MATTHEW'S ONLINE TREASURES AUCTION

RAISES RECORD AMOUNT

PEGGY NANKIVELL

The St. Matthew's Online Auction ran from November 9 to 19, 2023 and was a grand success! Auction net revenues, combining the November online auction revenues with an earlier sale of a valuable item, have achieved a record \$67,000 net, well above revenues from the earlier online auctions.

Once again, goodies such as Christmas puddings, cakes, cookies and tarts, were standouts, selling well over their listed values. The single most valuable item was a week's rental of a cottage on Grand Lake in Québec.

New this year for the online event were prime tickets for theatre, concerts, and the Ottawa Atletico 2024 home-opening game. Also new were offerings from Amica The Glebe which offered a two-week "stay-cation" including a suite, meals and all events, as well as a dinner for eight in their elegant private dining room.

Other major sponsors were McKen Metro Glebe, Capital Home Hardware in the Glebe and Davidson's Jeweller's, which provided important assistance in the valuation of auction jewellery. We are also very grateful for valuations provided by Collin O'Leary of Antique Silver and Bernie Teklenburg of Beckwith Galleries.

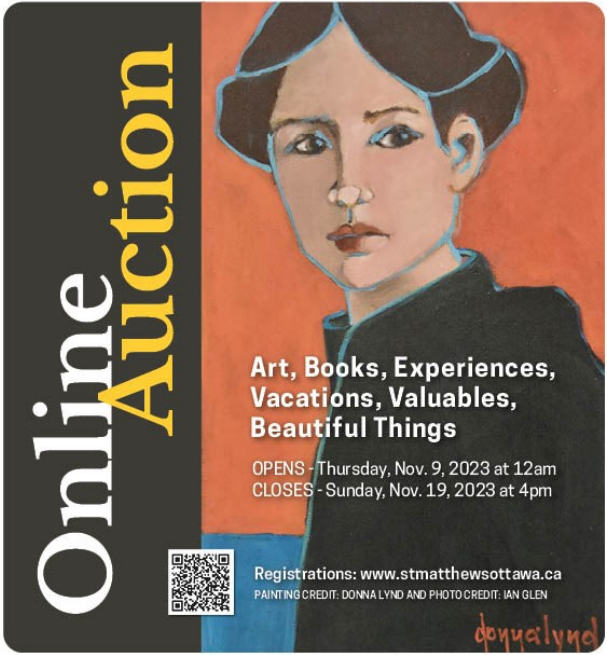
Cornerstone Housing for Women will receive \$10,000 to sponsor room essentials for two rooms in the charity's new housing residence and the Black Canadian Scholarship Fund will receive \$2,500 towards Ottawa-area scholarships to be awarded in 2024. A portion of the money raised will also support the restoration of St. Matthew's stunning stained-glass windows.

"On behalf of the women at Cornerstone we would like to send you our sincerest gratitude for your incredible contribution to our new housing residence on 44 Eccles," says Amber Bramer, Cornerstone's Director of Development and Communications. "Your gift will directly help 46 women move from the crisis of homelessness and into a home of their own," she says. "Thank you for creating a home that provides comfort and dignity."

St. Matthew's will be recognized on a donor thank you wall in the main foyer of the 44 Eccles Residence.

The Reverend Deacon Elizabeth December-Lovell, Chair of the Black Canadian Scholarship Fund, is delighted that

ST. MATTHEW'S
The Anglican Church in the Glebe



Online Auction

Art, Books, Experiences, Vacations, Valuables, Beautiful Things

OPENS - Thursday, Nov. 9, 2023 at 12am
CLOSES - Sunday, Nov. 19, 2023 at 4pm

Registrations: www.stmatthewsottawa.ca
PAINTING CREDIT: DONNA LYND AND PHOTO CREDIT: IAN GLEN

McKen metro GLEBE AMICA THE GLEBE DAVIDSON'S JEWELLERS SINCE 1939 Capital Home Hardware

the organization was selected to receive a donation.

"Thank you once again for your support to the Black Canadian Scholarship Fund," says Rev. Deacon December of Julian of Norwich Anglican Church, Ottawa. "Please know that we are truly grateful that we are once again considered among those receiving a portion of the proceeds from this event."

None of this would be possible without the extraordinary donations from our parishioners and community at-large or the hard work of the fundraising/auction team. Many thanks for everyone who participated in the event. Every bid, winning or not, helped.

(Editor's Note: And our thanks, again, to you, Peggy, for your indefatigable efforts over many months, your vision and your leadership.)

CREATION MATTERS POTLUCK, OCTOBER 21

BILL NUTTLE

The Creation Matters group gathered for a “Curb Your Carbon Diet” potluck dinner on Saturday, October 21. Twelve members from St. Matthew’s were joined by a guest from the community and our speaker, Mike Fletcher.

This was the second such event at St. Matthew’s, at which participants are encouraged to prepare and share meals from foods that have a lower carbon footprint. Generally, this means no red meat and lots of vegetable-rich dishes. The creativity and cooking talent that we are known for were evident in the variety of dishes on offer.

Mike Fletcher shared his experiences as a manager and environmental activist. Mike works on reducing emissions from the use of fossil fuels, which are harmful to the climate, and transitioning toward increased use of renewable energy. He is currently a project manager for the City of Ottawa, where he leads the Climate Change and Resiliency Team. Mike described the work that his team is doing to track energy use and emissions in the city and create a road map for the city to meet its targets to reduce emissions.



Mike also shared his experiences as an environmental activist outside of government. He is a leader of the Fridays for the Future group in Ottawa, which organized the climate strike on Parliament Hill on September 15 that was attended by some members of Creation Matters.

Mike also leads the Environmental Action Working Group at the First Unitarian Congregation of Ottawa. As well as conducting community activism, the Environmental Action Working Group has plans in place to wean their building on Cleary Avenue entirely off fossil gas. The work of this group inspired the establishment of Creation Matters at St. Matthew’s.

CATHY SEGUIN SPEAKS

AT ST. MATTHEW’S

VALERIE NEEDHAM

On Sunday, October 22, Cathy Seguin, a parishioner at Christ Church Bells Corners who sits on the fundraising committee for Hollyer House, gave the Reflection during the 10.30 am service, as well as speaking at *Conversations* at 9 am and providing a Chapel Chat afterwards.

She brought the uplifting news about the construction of Hollyer House, a 35-unit affordable housing project situated on the site of the former Rectory of CCBC. It is hoped that the units will be complete and occupied later this year, with two tenants already in place on the ground floor.

33% of the units will be available for people who are on the affordable housing list of the City of Ottawa (some having had to wait for 8 years), 33% of the units will be

for women who are transitioning to independent living from Cornerstone and Chrysalis

House, and 33% will be for others who cannot afford rent.

The house is named after John Hollyer, a parishioner at CCBC, who lived a life of generous service to others. He left his estate to CCBC and those funds were used for a feasibility study for this affordable housing project.

The study revealed that this location was an excellent choice with shopping, transportation, a public library, schools, churches and mosques nearby.

Thank you for bringing this good news to St. Matthew’s, Cathy.



SOUPER SUNDAY, OCTOBER 29

VIRGINIA LINDSAY

St. Matthew's hosted the first Souper Sunday of the season on October 29, the day of the monthly Family Service.

Nearly 100 parishioners of all ages gathered enthusiastically in the church hall to enjoy a choice of six delicious soups (we know this number because, as Jim Lynes has said in the Wardens' Report, we have 95 soup bowls and they were all used so we had to wash some more!)

As always, there was no shortage of volunteers to donate soups, to help with the set up and to clean up afterwards.

It was a joy to watch children, parents, grandparents and friends mingle, chat and laugh with one another. Such intergenerational social events are rare and precious in today's society and we look forward to the next Souper Sunday in the new year.



PHOTOS AND PHOTOGRAPHERS NEEDED!

VALERIE NEEDHAM

Many people have remarked to me, over the past six years of my editing the *Pulse of the Parish*, how greatly they enjoy the photos in each issue and how these enhance the articles that they are reading, bringing the content to life. Like all picture albums, they are a pictorial record of our lives together as a faith family that bring back happy memories such as the children with Virginia Lindsay at the Family Service on November 26.

Thanks to many faithful photographers (listed in the Table of Contents of each issue), we have had a steady stream of wonderful shots to publish. However, we need assistance with this worthy task.

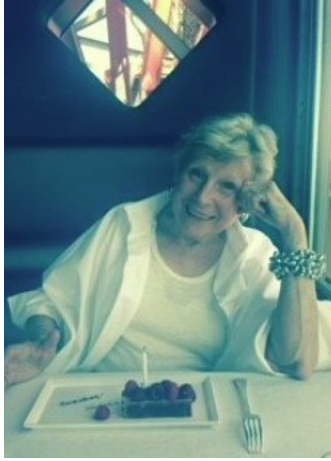
And so, I ask that if your group is hosting an event, *please* capture it with some photos and send them to me c/o the email on the back page of each issue. And if you have



a mobile phone for picture-taking, let me know if you would be able to take photos at some of the special services during the year. Coming up in the next few weeks are: the Advent Service on December 3, Nine Lessons and Carols on December 17, the two services on Christmas Eve and, of course, Christmas Day.

Do please consider contributing in this way.

ST. MATTHEW'S REMEMBERS ...



Elizabeth Anne Luce
1934—2023

Anne died on November 8, at her home in Amica the Glebe. Born in Montreal to Marjorie and John Gillean and married to Keith who died in 2005, Anne was an inspiring and immensely loving mother to Charles (Stacey), Derek (Barb), and Jennifer.

Full of curiosity and interest in the world around her, she offered her gifts to others as an artist, a friend, a designer, a mother, a ballet school coordinator and an Anglican community volunteer. At St. Matthew's, she is fondly remembered for her smile, her elegance, and her interest in others. Please see Anne's photo on page 18, the last time she attended worship with us.

Cremation has taken place and her funeral will be held at St. Matthew's at a later date, to be announced. To view Anne's obituary, go to [Elizabeth Anne Luce](#).

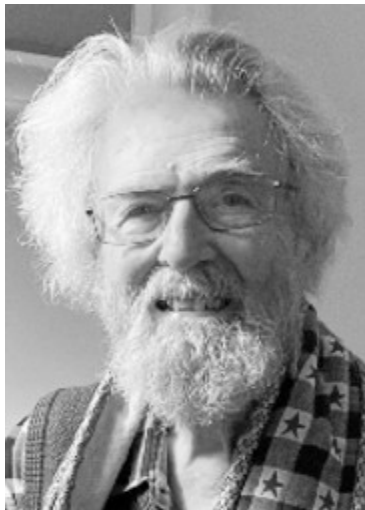


Joyce Dorothy du Fresne
1931—2023

Joyce died on November 14, quietly and peacefully in hospital after a stroke. She was predeceased by Duncan, her husband of 52 years. Joyce graduated from the Civic Hospital School of Nursing in 1952 and was a loving mother to Bruce (Jacqueline), Valerie (Ross) Beebe and Laurie Chatigny (Paul). She leaves to mourn four grandchildren and five great-grandchildren.

Joyce was an active volunteer for many years with the Food Bank and performed blood pressure clinics for the Kidney Foundation of Canada. At St. Matthew's she is remembered as a parishioner for many years and a past President of the Talent Club.

To view Joyce's obituary, please go to [Joyce Dorothy du Fresne](#).



Bliss Lloyd Tracy
1943—2023

Bliss died peacefully at the Ottawa General Hospital on September 23. He is deeply missed by his wife, Derry, his sister Gaye (George), and his children Michelle (Paul) and Jonathan and his granddaughter Alexandra. He leaves to mourn four stepchildren and five step-grandchildren.

Bliss had a distinguished career at Health Canada as a nuclear physicist, working on the Comprehensive Nuclear Test Ban Treaty, which was ratified in 1996. He was a lifelong learner, achieving a Master's of Religion and Public Life in his 70's.

At St. Matthew's, Bliss was an active member of the "Green Team", composing a book review for the *Pulse of the Parish*. He owned an all-electric vehicle and was planning to install a heat pump in his home in order to do away with using natural gas for heating.

To view Bliss's obituary, please go to [Bliss Lloyd Tracy](#).



Brenda Anne Fleet
1948—2023

Brenda died from complications due to breast cancer at the Ottawa General Hospital on April 9. A wonderful mother, she was much loved by her children Nicolas and Vanessa, and their spouses Cynthia and Les.

With a BA from Bishop's University and an MA from Carleton University, Brenda settled in Ottawa to work as a public servant. She was a gifted writer, a published poet, and a visionary painter.

For the past four years, Brenda had received pastoral care from St. Matthew's, for which the family has expressed deep appreciation.

To view Brenda's obituary, please go to [Brenda Anne Fleet](#).



Mary Elizabeth Nicol
1936—2023

Mary died peacefully at home on October 20 in the loving embrace of her family. Pre-deceased by Wesley, her husband of 59 years, she leaves to mourn her children Bruce (Karen), Heather (Martin), Ian (Wendy), and Janet (Peter), 12 grandchildren and one great-granddaughter.

Mary was born and raised in Ottawa and was a proud Canadian who read voraciously about our people and history. At her cottage in the Beaverlost community, she enjoyed the beauty of the Gatineau Hills, gardening, cross-country skiing, playing tennis, riding horses and spending time by the lake.

Mary's funeral was held at St. Matthew's on October 26. To view Mary's obituary, please go to [Mary Elizabeth Nicol](#).

THE BLESSING OF THE ANIMALS ON OCTOBER 2



The Reverends Dana Rodgers and Geoff Chapman with some furry friends

ON VIRTUE AND GUILT — BAGGING IT!

IAN GUTHRIE

It is Garbage Collection Day on my street, a weekly opportunity to demonstrate support for Green participation in creating a better city, environmentally. One of my neighbours has a row of those tall brown bags of yard waste ready for pickup, eight of them, they stand erect like guardsmen. It looks like they are all full of maple leaves, very Canadian. There are comparable rows in front of other houses along the street.

My driveway - no comparable row of those brown bags; I hasten to add that I am not newly an environmental hold-out. There were no brown bags on my driveway last week or any other week. I gave up on putting out bags of garden waste some years ago.

I do not have a large estate to produce garden waste at this time of year. During my brown bag years, I could fill four bags; I like to think I achieved high density by pressing the contents down hard.

But it began to press on me that by putting brown bags out at the street I was 'exporting' goodness from my patch, perhaps balancing this by 'importing' fertiliser, manure and new topsoil in the spring. I increasingly felt this exporting and importing had to be resisted, what was to be done?

'Digging in' was the answer!

For a good number of years, I have spread fallen leaves on my flower and vegetable patches. I chopped the stalks of tomatoes, kale and such into small pieces with the garden shears and laid on the soil. Then I turned over the soil with my trusty and well-loved garden fork. Most of the leaves and stalk fragments disappeared beneath the surface. Some, a small fraction, did remain on the surface, soon to be buried by that white stuff which is imminently expected.

When spring comes and the soil is dug over again there is very little or no remaining evidence of what had been buried there some months ago. Perhaps the worms had a satisfying winter or nature had broken the vegetable matter into small particles among the pieces of soil. The quality of the soil, its tilth*, had been improved, or so I like to believe.

I also like to believe that my disposal of yard waste in this manner is ecologically sound, and, as bonus, I save on the cost of those big brown bags which do seem to have increased in price significantly. But perhaps that is just me seeing that which I want to see!

I do wonder if my neighbours or a city surveyor will mark my house as a non-participant in a sound civic program of which I think I am a supporter. I recall, as some readers will, when gardeners put rows of transparent plastic bags of their fallen leaves out for garbage pickup; those bags must be lying mouldering deep in the city's landfills. Ugh!

Am I ecologically virtuous in my small way by digging in? Is my thinking merely a way to avoid guilt from not participating in the civic composting effort?

Does anyone else 'dig in'?

('Tilth': the condition of tilled soil, especially in respect to suitability for sowing seeds.)

ST. MATTHEW'S

The Anglican Church in the Glebe

All Are Welcome

Advent and Christmas Services

Advent Lessons and Carols
Sunday, December 3rd, 7 pm

Nine Lessons and Carols
Sunday, December 17th, 7 pm

Nativity of our Lord with Pageant
Sunday, December 24th, 4 pm

Nativity of our Lord Candlelight Service
Sunday, December 24th, 10 pm

Christmas Day
Monday, December 25th, 10 am

stmatthewsottawa.ca  
217 First Avenue | 613-234-4024

OUR THANKS TO CANON KEITH AND SYLVIA CALDER

VALERIE NEEDHAM

Donated to
St. Matthew's
by
Keith & Sylvia Calder
Canon Calder was the
8th Rector of St. Matthew's
1973-1991

Perhaps you have noticed the beautiful St. Matthew icon on the right side of the altar in the west transept. It was a retirement gift from St. Richard's Parish to Canon Keith Calder and has been given to St. Matthew's by him and his wife Sylvia.

Canon Calder was born in Thorold, Ontario. His parents both worked in the paper mill in Thorold and he has clear memories of taking everyone who visited the family to see Niagara Falls, which he learned to dislike intensely!

After graduating from Thorold High School, he attended McMaster University, earning a BA in 1957. This was followed by a Licentiate in Systematic Theology from Bishop's University, Lennoxville, in 1959 (where he met Sylvia who was studying nursing). He earned an M.A. from Yale University in 1961 and an M. Ed. from the University of Toronto in 1971.

Canon Calder was ordained a priest by the Bishop of Niagara in 1960 and was appointed Assistant at Saint Christopher's, Burlington in 1960, then Rector, the Church of the Epiphany, Bronte, Ontario, in 1962. In 1973, he was appointed to St. Matthew's, Ottawa, by Bishop Robertson where he served as Rector until 1991.

In 1980, he was made a Minor Canon of Christ Church Cathedral and in 1988 he was named a Canon of Christ Church Cathedral. From 1991 to his retirement in 2000, Canon Calder was the Incumbent at St. Richard's, Ottawa.

During his years at St. Matthew's, Canon Calder was active in issues of social justice. He was inspired by the model of the May Court, at that time a rehabilitation facility for women. He thought to create a parallel facility for men and brought this idea forward to parishioners at St. Matthew's. Verna Wilson, then working in public health for the city of Ottawa, took up this challenge, supported by Ellen Beall, Dale Mackenzie, Shirley Wetmore and Bill and Gwen Cornfield.

After consultation with officials at the city, it was discerned that a second stage refuge for women and children needing safe haven from domestic violence was required. The result was the establishment, in 1987, of Harmony House, which St. Matthew's continues to support



with representation on the Board and gifts at Christmas under the Jesse Tree (to see a fuller account of the beginnings of Harmony House, please refer to the June 2022 issue of the *Pulse of the Parish*).

Virginia Lindsay recalls that during the 1980s, Canon Calder and Sylvia and their four children (Ian, Christine, Mark and Cynthia) lived in the church rectory. Canon Calder arranged with Glebe's Head of Music, Stanley Clark, for the Senior Concert Band to play at the final choir service in June each year. The band would perform from the balcony, playing pieces before the service, the hymns, and a thrilling movement from G.F. Handel's Royal Fireworks or Water Music.

When he arrived at St. Matthew's, Canon Calder recalls that it was a 'male bastion'. He set out to change that by including girls, as well as boys, in the previously adult-male Servers' Guild. He invited women to be Wardens, the first female warden being Mabel Porter. He also instituted the celebrating of the Eucharist from the Nave Altar, having it refurbished so that it glowed.

Canon Calder remembers his time at St. Matthew's with great fondness, including working with Directors of Music Brian Law and Richard Dacey. He takes satisfaction in the changes that he was able to initiate.

Thank you both, Canon Keith and Sylvia, for this generous gift. It is truly beautiful and much appreciated.

ST. MATTHEW'S

The Anglican Church in the Glebe

St. Matthew's is a vibrant Christian community that welcomes everyone, embraces inspiring worship and learning, and is committed to hospitality and loving service.

[Worship Services](#)

Sunday 10:30 a.m.

In-person Choral Eucharist

Streamed on YouTube

Streamed on Facebook

Sunday 8 a.m. and Thursday 10 a.m.

In-person Said Eucharist

Last Sunday of the Month 10:30 a.m.

Family Service

First Sunday of the Month

Evensong

Clergy

IncumbentThe Reverend Geoffrey Chapman

Honorary AssistantsThe Most Reverend Barry Curtis

.....The Reverend Katherine (Katie) Tait

.....The Reverend Dana Rodgers

Leadership and Administration

Rector's WardenJim Lynes

People's WardenDenis Martel

Deputy WardensDebora Fleming

.....Charles Nixon

Parish AdministratorCatherine James-McGuinity

Nominating ChairHelen Griffin

Property Co-ChairsBill Nuttle

.....Bill Cornfield

Stewardship OfficerJanice Sonnen

Members of SynodRandi Goddard

.....Charles Nixon

.....Aicha Ducharme-LeBlanc

.....Lisa Sheehy

Finance and Accounting

Finance/Stewardship ChairPaul Wefers Bettink

TreasurerKathy Laffin

Fundraising ChairPeggy Nankivell

CountersMichael Goddard

Contributions CoordinatorBrian Effer

Worship and Music

Director of Music and OrganistDr. Robert Hall

Altar GuildElizabeth MacMillan

.....Robina Bulleid

Servers' GuildCathy Simons

SidespersonsPeter Frayne

Worship CommitteeThe Reverend Geoffrey Chapman

Nurturing and Fellowship

Coordinator of Children and Youth Ministry..... Roland Kuehn

Christian Education and Formation Helen Griffin

Community Chair Margaret Terrett

Coffee HourJane and Peter Rider

Prayer Support TeamCatherine Thurlow

Prayer ChainJanice Sonnen

Pastoral CareThe Reverends Katie Tait and Dana Rodgers

Outreach

Outreach ChairBernard Li

CCSAC Emergency Food CentreElizabeth Kent

Cornerstone Meal-a-Month Program*Seeking*

Harmony HouseCatherine James-McGuinity

Out of the Cold SupperAnita Biguzs

FACES Refugee CommitteeTom Martin

Pulse of the Parish, the community newsletter of St. Matthew's Anglican Church, is published four times a year. The dates for publication in 2024 are as follows: April 5 (submissions by March 28), June 7 (submissions by May 31), September 20 (submissions by September 13) and November 29 (submissions by November 22).

Until June, 2024, please forward contributions of up to 600 words and photographs by the due dates for the April and June issues to Val Needham, Editor: needhav@algonquincollege.com.

Together, we celebrate all that we do at St. Matthew's to the glory of God and in loving service to our neighbours.



The Anglican Church of Canada

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