

ST. MATTHEW'S

The Anglican Church in the Glebe

Pulse of the Parish

SEPTEMBER 2022



Statement to the Diocese of Ottawa from Bishop Shane Parker concerning the death of Her Majesty Queen Elizabeth II, Queen of Canada

September 8, 2022

In her annual Christmas message, Her Majesty Queen Elizabeth II invariably spoke of her faith in Jesus Christ, telling the world that she followed him and found his teachings to be helpful. She spoke of her faith in a sincere and natural way, reflecting a deep and mature conviction.

We have lost a beloved Queen and a fellow member of the Anglican Communion and we, her siblings in faith, respond with prayer:

Gracious god, we give thanks for the life of your servant, Elizabeth Queen of Canada, for her life of devoted service and faithful witness to the Gospel. Bless our nation as we mourn her death and may her example continue to inspire us; through Jesus Christ Our Lord. Amen.

from noon tomorrow, Friday, September 9, and to add prayers for the late Queen, and for King Charles and the Royal Family, at liturgies between now and the state funeral in England.

The official Canadian commemorative service for Queen Elizabeth will take place in our cathedral in Ottawa at a date and time to be announced in the near future. It will be televised nationally and attendance at the service is by invitation-only.

Sometime after the official Canadian service, The Anglican Church of Canada will hold a Memorial Service at St. James Cathedral in Toronto with our Primate, Archbishop Linda Nicolls and will be livestreamed at www.anglican.ca.

The details of these two services will be posted as soon as possible.

Churches in our diocese may wish to toll their bells (gently)

The Right Reverend Shane A.D. Parker

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BOOK REVIEW RICK TRITES

Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants by Robin Wall Kimmerer, Published by Milkweed editions, 2013

Published nine years ago, this book is a call to action that combines memoir, indigenous storytelling, and scientific writing. Kimmerer, a botanist and member of the Citizen Potawatomi Nation, examines the relationship people have with the natural world from traditional and scientific views, prompting us to do likewise.

The book opens with the indigenous creation story of "Skywoman Falling", which brings hope in our time of upheaval and anxiety.

Through the many essays in the book, Kimmerer teaches us that our relationship to our living environment is a "web of reciprocity, of giving and taking". There are many

powerful and beautiful images, including "The Honorable Harvest", where we walk with her as she forages for wild leeks in preparation for a dinner to celebrate her daughters' return home. "I ask the leeks to renew the bonds between this ground and my children", she writes, "so that they will always carry the substance of home in the mineral of their body".

However, when she finds "ragged papery sheaths" where "fat white bulbs" should be, she tucks them back in the ground and returns home empty-handed. "If you ask permission, you have to listen to the answer." As reader you begin to understand how plants can teach, if we are present, what Robin calls being "Indigenous to place".

Whether it be this "Honorable Harvest" or the "Three Sisters", there are many beautiful and striking stories here, that can pull us toward the wilder places in our world with understanding, respect and love.

WE, *TOGETHER*, ARE THE CHURCH, THE BODY OF CHRIST

THE REVEREND GEOFFREY CHAPMAN



When the pandemic began two years ago, and we went from being a community celebrating the Holy Eucharist every week, to a community forbidden to meet, we all speculated what that might mean. One of my hopes at the time, as we were all driven into our homes, was that there would be a resurgence of “house churches.”

I wondered aloud with colleagues whether the church would empower households with prayers and rites that they could perform in lieu of large communal worship. There is both modern and ancient precedent for this kind of liturgy. The early church mirrored Jewish households, where the head of each household was responsible for prayer and the breaking of bread - a ritual upon which the Holy Eucharist was created.

What happened instead was the surprising opposite. I gathered almost alone on YouTube, as priest of the parish, to preach, pray and celebrate worship. I even sang our church hymns alone or with one other soloist (and Kirk!). What I had expected to become an era of the resurgence of house church, became instead a resurgence of clericalism. The priest became central in the liturgy, leading worship almost in isolation, deprived of a surrounding community.

I will tell you that I am immeasurably proud of the work our dedicated team of volunteers has accomplished these past few years. We created beautiful - and safe! - worship experiences. From our amazing Covid-Artz Festival, through Christmas, Holy Week and Easter, it was thrilling to see everything this parish could create. But in that time, despite our many achievements, we became more centralized and clericalized than ever before.

The Church discovered through experience and the work of the Holy Spirit that having clergy in the roles of bishops, priests and deacons can be enormously helpful for our faith communities. Clergy take on responsibilities to oversee communities, to study scripture, to practice the art of liturgy, and to ensure our community is loved and cared for. But all clergy are *servants*. We fill a particular role and niche within the life of the Church.

At no point was I ever taught that Church and Clergy are synonymous. Rather, we *together* are the Church. You, me,

and everyone who seeks to follow Jesus Christ. *We* are the Church.

Beyond all the pain and suffering that we have experienced collectively through the pandemic, one of the things I grieve the most is how separated our Church has become from itself.

We need to remember and celebrate that our beautiful worship space is *yours*. My ministry is *your* ministry. I was ordained to serve you, the people, the Church. And so, I am keen to empower you to reclaim the Church in this new and thrilling time.

Our world is waking up in so many ways. We are waking to discover an environment that needs healing and protection. We are discovering a health care system that is not working properly - all of you who visit and care for folks in hospitals and long-term care homes have experienced many of these troubles first hand for years. But now, at last, our society speaks of these challenges quite openly.

We have been reminded that we absolutely do not want warfare in our world. Russia's attack upon Ukraine has made this abundantly clear to all. The so-called freedom convoy taught us that we absolutely want to continue to live in a liberal democracy, where the rule of law and political discourse must always prevail over threats of physical violence and chaos.

All of these concerns, for the environment, for health, for peace, and for social order, are utterly congruent with the message of the Gospel. We know the world we want to live in, and we know the Church is a *powerful* voice in support of so many of the moral issues everyone is caring about so deeply.

But the only way forward is for all of us as a parish church to work and act together. I am your mere servant. I seek to offer humble liturgies and prayers, and I have been appointed by the bishop to preside over the sacraments of the Church. But *you* are the Body of Christ.

I invite you in every way that I can to return to this place empowered and prepared to lead. Take back the authority granted to you by your baptismal vows, and lead our church proudly into this new and challenging world.

POSTAGE STAMPS FOR HANSEN'S DISEASE (LEPROSY)

ANN MCCORMACK AND VALERIE NEEDHAM

Leprosy, now known as Hansen's Disease, remains prevalent around the globe, although there have been advances in attitudes towards patients and the medical management of the disease.

It is a chronic infectious disease that affects the skin, peripheral nerves, mucosa of the upper respiratory tract and the eyes. The causative organism, *Mycobacterium leprae*, was discovered by the Norwegian physician, Dr. Armauer Hansen in 1873. The organism is passed via droplets from the nose and mouth among those living in close proximity to each other.

In Biblical and medieval times, the disfigurement and disability caused by the disease created tremendous fear and people living with Hansen's Disease were often shunned, ostracized and forced to live apart from their community. In more recent times, leper colonies were established to which people living with leprosy were sent.

Advances in the treatment from the 1940s onward has resulted in cure of the disease but not reversal of the disfigurement or nerve damage that may have occurred prior to treatment. The World Health Organization currently recommends a multi-drug therapy (MDT) treatment regimen consisting of three antibiotics (dapsone, rifampicin and clofazimine), which are taken for 6 months to two years, depending upon the severity of the illness.

The antibiotics kill the pathogen and cure the patient and the earlier the diagnosis and treatment, the better the outcome. Over the last 20 years there has been a dramatic drop in new cases diagnosed globally each year.

In Canada, the prevalence of Hansen's disease is estimated to be 0.6 cases per 100,000 population. Canada's experience with leprosy dates back to 1815, when the first documented case was reported in New Brunswick. Over the past 30 years, immigration from countries such as India, Vietnam and the Philippines has increased and with it the importation of diseases endemic to these regions, including leprosy.

Would you like to support the work of treating and eradicating the scourge of the disease around the world? Well, you can!

At this time of year, we often receive and send mail with colourful postage stamps on the envelopes. Have you noticed boxes at the back of the church with a slot in the lid, intended to receive your *used* stamps?

For many years, our diocese has supported the donation of stamps to benefit the Canadian Leprosy Mission, now renamed *Effect:Hope*. All locally donated stamps are processed at St. Mark's Anglican Church and forwarded to Toronto to be sold to wholesalers. *Note: Please leave a 1/2-inch margin of envelope around the stamps when removing them.*

Effect:Hope, a Christian international development organization, partners with governments and reliable local organizations in 12 of the countries with the greatest need of assistance.

The proceeds from the sale of the stamps are used to supply medication and other supports to patients. The website Effect:Hope describes their programs. Once on the website, the postage stamp program can be found by entering "postage stamps" in the search box.

World Leprosy Day is observed on the last Sunday of January each year. Established in 1954 by French philanthropist Raoul Follereau, it aims to raise awareness about Hansen's disease and to teach people about this ancient disease that is readily curable today. While rare in Canada, many people around the world continue to suffer from this curable disease due to lack of access to basic medical care and continued stigma surrounding the illness.

For extensive historical and up-to-date information about the status of leprosy on a comprehensive global scale, the World Health Organization is the major source of information ([World Health Organization: Leprosy](http://WorldHealthOrganization:Leprosy)).



Boxes for used stamps at the back of the church

WARDENS' WORDS

Fall is in the air! As we move from the heat and humidity of summer to the cool and comfort of autumn, long sleeves and sweaters are coming out of the closet. I hope you have the opportunity to walk outside in the beautiful sunshine and temperatures!

And as we head into a new season, we are hopeful about the return to a new normal in our community, and also keenly aware of the anxiety and fatigue around possible Covid-19 resurgence, not to mention a host of pressing world-wide issues such as war, climate disaster and inflation.

As many of us return from summer travel and relaxation, I want to thank all of you who have contributed so much to the day-to-day operation of our parish:

- To Rev. Geoff for his pastoral care, kind and challenging sermons; and ongoing improvements to our virtual broadcasts, and to Archbishop Barry, Canon Jim, and Rev. Katie, our honorary assistants, who add so much to our worship experience;
- To Val Needham, Sancho Angulo and Tom Barnes for their invaluable contributions as Wardens, and to Tom for his longstanding work (from the cramped equipment room) as virtual service recording Meister;
- To Kirkland Adsett, for his leadership in music, notably the success of the choir scholar program, to the members of our choir, and to our cantors over the summer;
- To a host of volunteers----sidespersons, greeters, and welcome team members, Altar and Server guild members, coffee hour hosts, to our staff, Bob and Robina who clean and prepare the church for services, and to Catherine, our office administrator.

We have much to be thankful for as we look back at our resilience during the Covid pandemic. Despite the phase-out of Covid-19 measures in most settings, St. Matthew's has remained cautious in retaining masks for movement during services, and in instituting a safe zone for all who feel the continuing need for distancing and masking.

Looking forward, there are many initiatives and opportunities on the horizon, including a monthly family-focused service, implementing online giving through Realm, starting up a new web site, further building investments,

RICK TRITES

the virtual auction, and soon, hopefully, social events with food and drink!

The glue in these activities and the many others that make our community so special is: *PEOPLE*. Please look for a way to contribute your energy and skills and love of our community, whether it be as a Warden, outreach or other committee chair, or on any of our existing or new programs and activities. Please speak with Rev. Geoff, Janice Sonnen, Helen Griffin or me about your area of interest.

You may have heard that St. Matthew's has been approached by Creative Arts and Preschool about the possibility of a long-term lease of the downstairs space for their operations. I want to assure you that this opportunity will be carefully considered, starting with a consultation with Parish Council on September 12th.

Our fall service highlights include:

- September 18: the Patronal Festival with rededication of the restored 'Feeding the 5000' stained-glass window;
- September 25th: 1st Family Service
- October 2nd: Blessing of the Animals
- October 9th: Thanksgiving

Welcome back to a new season of worship and service!
I look forward to seeing you in church.

Blessings, on behalf of the Wardens,
Rick Trites
Sancho Angulo



Morning walk in Chelsea

FINANCIAL UPDATE TO THE END OF AUGUST 2022

WALT DRAPER

This update is an overview of St. Matthew's financial position to the end of August, 2022. In many respects life has returned to pre-COVID routines. This is true of our current financial position which is falling into its familiar pattern of our having a significant year-to date deficit at the end of the summer.

It has become our financial custom to provide highlights concerning our position and suggest a course of action to achieve our financial targets for the year.

Vestry approved a year end Operating Fund deficit of \$34,000. A rough average over the year translates to a monthly deficit of \$2,900 per month. However, the *actual* average monthly deficit to the end of August is around \$9,300 or a total \$74,700 to this point in the year.

(Please see Stewardship Officer Paul Wefers Bettink's article on the next page for some background regarding this increase in our monthly deficits.)

I understand that this deficit number is attention grabbing. From experience we know that the last quarter of the year sees revenues increase significantly. This year, 2022, once again demands our collective response.

Readers can reasonably ask if expenses have significantly exceeded the annual plan. Vestry approved an expenditure budget with monthly average costs of \$50,000 per month. Expenses to the end of August are running below the budget at \$47,800 per month.

It is important to note that the Diocese forgave one month of the assessment for priestly services at a cost saving of \$11,000. However, readers are reminded this is *not* our

priest's monthly salary. The Diocese has a program for sharing costs within the Diocese and assesses St. Matthew's a share of the Diocese's total cost for priestly services. Details of the program are available on the Diocese web site.

On the revenue side, rentals are up over 2021 and fund raising with the Great Glebe Garage Sale and the online boutique has wildly exceeded expectations. The third and most significant component of revenue is general use donations. It is encouraging to see a 6 % increase in year-to-date 2022 over 2021 donations.

Readers can quickly and correctly conclude, "It seems that there are many positive signs but the only slight increase in donations so far this year is worrisome." This update is written with the backdrop of news stories indicating that investment returns are down, the cost of living is up, and charities are finding it harder to attract donations. It is difficult to determine the impact, if any, of these broader economic issues upon St. Matthew's.

Throughout the final quarter of the year, communication from the Stewardship and Finance Committees will provide financial updates to parishioners.

For long-time parishioners, the communication of this story regarding our finances may seem repetitious. For newer parishioners, depending on the yearly pattern of contributions in their previous parishes, the story may be new. Experience has shown that St. Matthew's commitment comes through in the final quarter of the calendar year. It is with hope and a dash of prayer that this pre-Covid routine returns with vigour.



The gardens in late August, thanks to the Gardens and Grounds Teams

STEWARDSHIP – LOOKING AT GRAPHS

PAUL WEFERS BETTINK

In my economics studies, I have always been interested in graphs and statistics, and how they can convey a message. Yes, I admit that I am a bit of an economics nerd. As Stewardship Officer, I receive monthly reports on the church's financial position, including the monthly PAR (Pre-Authorized Remittances (giving)) amounts. These reports include graphs that compare our current PAR amounts with those of previous years. I thought it might be interesting to share these graphs with you.

The first graph shows the monthly PAR amounts for the years 2018 to 2022. Due to the Covid-19 pandemic, there has been a decline in monthly PAR giving. This decline is due to two factors, a decline in the number of PAR contributors (Figure 2) and the average monthly PAR contribution (Figure 3).

Figure 1 Monthly PAR Totals (\$000's)

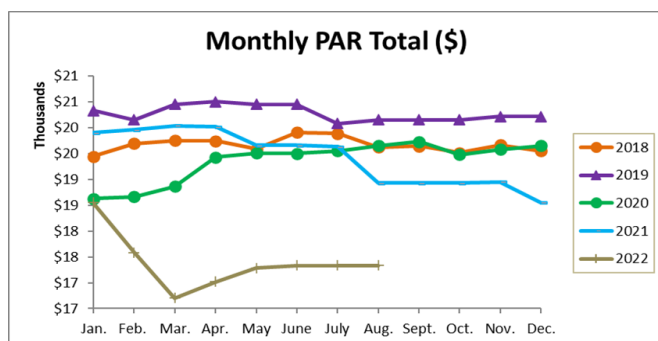


Figure 2 - Number of PAR Contributors

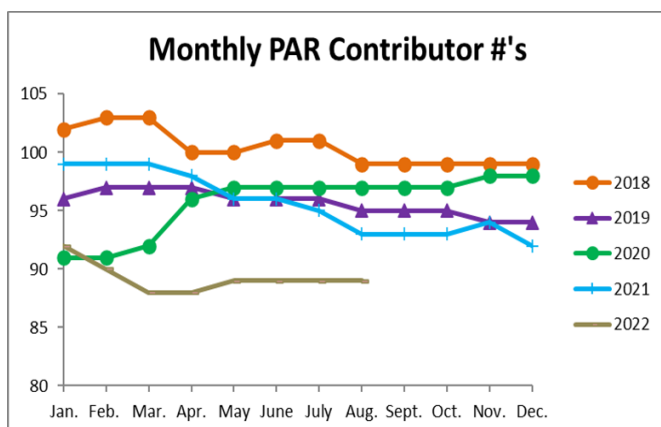
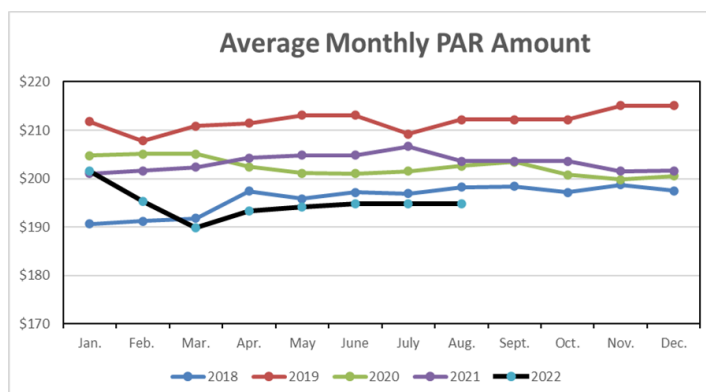


Figure 3 - Average Monthly PAR Amount



Both figures 2 and 3 show that there has been a drop in the number of PAR contributors as well as the average contribution amount from the beginning of this year. While we have not recovered to the levels of 2021 or before the pandemic (2019 and 2018), there has been a slight increase in both these numbers since March.

The numbers are improving, although it has been a little slow so far. But I remain optimistic about the future. Walt Draper has noted in his article on the previous page that parishioners at St. Matthew's have, in past years, given generously in the final quarter of the year.

It should be noted that while PAR contributions represent much of our revenue (about 62 percent), we have other sources of revenue. These other sources include envelope and open plate collections during our worship services, and special fund-raising events such as concerts, auctions and Great Glebe Garage Sale.

Nevertheless, PAR contributions remain a steady stream of regular monthly income for the church. Our other sources tend to vary from month to month (e.g. lower levels of collections during the summer months and higher levels towards Christmas time). As we enter into the later part of the calendar year, I hope that you might think about your own contributions for the future.

Thank you for your continued support of St. Matthew's in contributing your time, your talent and your treasure to our parish. As Reverend Geoff has pointed out in his words on page 3, we are the Church, the Body of Christ!

FEEDING THE 5,000 WINDOW RESTORED

BILL NUTTLE AND PETER RIDER

This month St. Matthew's celebrates the restoration of one of the earliest stained-glass windows installed after the building was opened in 1930. The window, named the *Feeding 5,000* window, depicts the well-known story, mentioned in all four gospels, of Jesus feeding a multitude with five barley loaves and two fish.

It is the third window down from the crossing aisle along the west wall. The restoration is part of the on-going process of keeping a nearly 100-year-old building running, but it also reflects our commitment to maintaining St. Matthew's as a vital part of the surrounding community.

This particular window is one of only two at St. Matthew's created by Robert McCausland Limited of Toronto. This stained-glass studio, founded in 1856, is the oldest in North America, and its works are distinguished by their design elegance, artistic sophistication and quality construction.

The *Feeding 5,000* window is no exception. The intricate design shows Jesus robed in a brilliant red robe and renders twenty-one individuals in detail.

The window is a memorial to Eliza May Nichols, wife of George Albert Clark. May was born in 1895, married George Clark in 1923, and died tragically early in 1932. She was from Carleton Place and active in the local amateur athletic association there. At St. Matthew's, she was eulogized as "a faithful communicant and full of good works."

Among other activities, she sang in the choir and was a member of St. Anna's Guild and the Women's Auxiliary. Her husband was a contractor and, from 1935 to 1938, a Warden at St. Matthew's, as well as a sidesman and a member of Synod. The family lived next door to the church at 136 Carling (now Glebe) Avenue. George Clark and their two young children, Catherine and William George donated the window.

The *Feeding 5,000* window was one of three windows flagged for immediate attention when all the stained-glass windows were inspected last year. Normal aging can cause the windows to sag and bow outward, which makes them more vulnerable to breaking.



Completely repaired and restored window

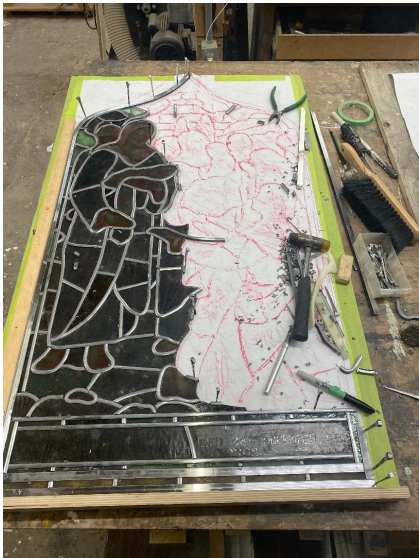
The restoration of the *Feeding 5,000* window was prompted by damage sustained last winter, probably caused by a branch blown out of the large black walnut tree growing next to the church. As a result, the window was punctured in two spots.

The repair work was performed by Heritage Glass, an Ottawa firm, assisted by restoration expert Brian Eagle. Brian directed the recent window restoration work at St. Giles Presbyterian Church, and he has been involved in the restoration work on Parliament Hill.

The two main panels of the window were removed to the Heritage Glass workshop, where they were completely disassembled and the individual pieces of glass thoroughly cleaned. Larger pieces that were broken or missing were replaced by new glass painted to match the original design.

Some smaller pieces of broken glass were glued back together. The window panels were reassembled using new lead cames, the metal channels that hold all the glass pieces in place.

The *Feeding 5,000* window was reinstalled on the 18th of August. With luck, the newly restored window will last another 100 years. In fact, the restored window is expected to last longer than the original, because a stronger lead alloy was used in reassembling the panels.



Re-leading the window



Soldering



Painting



One panel completed



Repaired window painstakingly re-installed



New glass carefully inserted



The Restoration Team, from L to R:
Alexey Ivanchenko, Brian Eagle,
Vasile Mosanu

ST. MATTHEW'S ONLINE TREASURES AUCTION

NOVEMBER 12 TO 19, 2022

PEGGY NANKIVELL

Cataloguing is well underway for this year's November auction. There are some real treats in store. The auction site will open for bidding on Saturday, November 12, and run till Saturday, November 19.

Ottawa artist Donna Lynd has contributed a delightful painting that is being used for our posters and website. And we have received works by significant French Canadian artists such as Charles Daudelin, his children Éric and Katia, Eliane Saheurs, Lucie Jolicoeur-Côté and Marc Séguin.

On offer will be a watercolour by important English artist David Muirhead (1867-1930) and superb pottery from artisans whose work has been collected by Toronto's prestigious Gardiner Museum.

Look for fashion items such as designer purses, jewellery and scarves -- and for the sportif -- a handsome cruiser bicycle. We also have collectible books and indigenous arts and crafts. As we did last year, we will offer certificates for accommodation at resorts in Antigua, Bermuda and Panama.

Last year's offerings of Christmas baked goods and meals were hot ticket items. If you would like to contribute food items, please contact Peggy Nankivell at nankivell@rogers.com.

Our major auction sponsors are supporting us again: McKeen Metro Glebe, Tracy Arnett Realty Ltd., Capital Home Hardware in the Glebe, and Amica The Glebe which just opened a "seniors' lifestyles" building. These sponsorships will cover most of the costs involved in staging the auction such as the website, graphic design and promotion.

This year's outreach partners are the Black Canadian Scholarship Fund (which recently presented university tuition scholarships to five local students) and the FACES refugee group which is arranging a family sponsorship.

Online store registrants are automatically registered for the auction and registration for new bidders starts in October. The catalogue will be up for preliminary viewing on November 1.



Clockwise from upper Left: Murano glass bowl, First Nations beaded gloves, sterling silver fish set, "Uptown Girl" by Donna Lynd, Thai ceramic dog lions, "An Extensive Huntington Landscape" by David Muirhead, First Nations pottery bowl, cruiser bicycle

THANK YOU, THANK YOU, ST. MATTHEW'S!

BEN TSANG

For many Chinese Canadians, Canada has been their home for decades and, having received their education and established their careers in this most generous country, they show their gratitude and give back to their community when there is a need. The pandemic during the past two years has taken a toll on their community, especially the seniors.

However, the pandemic gave us an opportunity to step back and evaluate the extraordinary work being performed by the staff and volunteers at the Glebe Centre. Reflection helped us realize that the needs of the frail elderly are many, complex and ever changing. Government funding is very limited and the Glebe Centre needed help to accomplish their goal in providing exceptional care.

As mentioned in an earlier edition of the *Pulse of the Parish*, the not-for-profit Glebe Centre is the only long term care home in Ottawa that has a dedicated floor for Chinese seniors. At a sold-out Chinese Gala "Sharing Cultures and Supporting Seniors" on Wednesday, June 8, 2022, members of the Ottawa Chinese Community have chosen to support the seniors in the Chinese Unit at the Glebe Centre.

We are most grateful to members of St. Matthew's for their participation in this fundraising gala, including the Most Rev. Barry Curtis, the Rev. Katherine (Katie) Tait, Brian Effer, Bill & Cathy Thurlow, Bernard Li & Lynn McDonald and Ben & Janet Tsang.

Proceeds from the Chinese Gala together with monies raised in a special capital appeal (started in 2019) have raised \$333,000 to date to support four priority projects that will enhance the physical and mental health as well as the general wellbeing of its residents in its Chinese Unit.

First, a covered solarium will make up for the lost time during the pandemic when the residents had limited or no access to the outdoors. They will have the space where they can enjoy the sun in a safe and secure environment.

Second, a nurse call-bell system for better communication and faster service in case of emergency.

Third, electrical beds to replace the outdated mechanical ones which need manual adjustment several times daily. It is exhausting for the staff on one hand, and time consuming on the other. The new beds will improve the welfare of both the caregivers and the residents.

Fourth, the Butterfly Model of Care will be implemented. On completion, the residents will enjoy a home-like environment mingling with staff, including mealtime. The ultimate goal of this model of care is to make the residents retain their feeling of being in their own home, receiving person-focus care and attention from staff who will be just like their family members.

The overhead cost of the Special Capital Appeal was about 3%. For more information, please contact Ben or Janet Tsang at 613-825-3730.



(L to R): Bill & Catherine Thurlow, The Rev. Katherine (Katie) Tait, Brian Effer, The Most Rev. Barry Curtis, and Mr. & Mrs. Aaron Tam (sponsors).
(Missing from the photo: Bernard Li & Lynn McDonald)

ST. MATTHEW'S REMEMBERS



Florence Patricia Tomlinson (Pat) nee Hardy
1927—2022

Pat passed away on July 29th in her 95th year, predeceased by her husband Bill and her daughter Susan. She lived a life committed to the care and well-being of her family and community. After retiring from the federal civil service, she devoted her time to a variety of non-profit organizations and to her church. Throughout her long life, she revelled in the company of family, nourishing them with food, conversation and love.

She leaves her children, Joanne (Alan), Jamie (Canon Pat Johnston), and Nancy (Les) and five grandchildren. A service of celebration of her life was held at St. Matthew's on August 6, 2022.

May we give prayers of thanksgiving for a long life well-lived and for God's loving comfort for her family. To view Pat's obituary, please go to [Pat Tomlinson](#).



Elizabeth Grace McCord (Betty) nee Butcher
1933—2022

Betty passed away on July 30 in her 89th year after a long illness. She was a member of St. Matthew's for much of her childhood. In the early '70's, She learned to play the autoharp to accompany the youngest children in the church Sunday school in the chapel.

She was also very active with the Talent Club and was a member of the Altar Guild. A stained-glass window in the chapel is dedicated to Betty's brother's memory by the Butcher family.

Betty leaves her children Ken (Deb) and Sharon (Brian), four grandchildren and five great-grandchildren.

May we give prayers of thanksgiving for her devoted life and strong faith, and for God's loving comfort for Sharon and Ken and their families, who mourn her death. To view Betty's obituary, please go to [Betty Grace McCord](#)



Janice Mccrea nee Harwood-Jones
1947—2021

Janice passed away on December 2, 2021, due to complications from Alzheimer's illness.

An educator, Janice taught science and mathematics at Elmwood School in Ottawa and was Director of the International School in Cuba. She enjoyed postings to Geneva, Havana and Vienna accompanying Peter on his Foreign Service assignments. The family cottage in the Laurentians was a place of joy and repose where she spent cherished time with family. At St. Matthew's, Janice sang in the choir and held several leadership positions.

Janice leaves her husband Peter, sons Allister (Julie) and Paul (Stephanie) and one granddaughter.

May we give prayers of gratitude for her life so well lived, and for comfort for her family. A service of remembrance was held at St. Matthew's on June 28, 2022. To view Janice's obituary, please go to [Janice Mccrea](#).

PASTORAL CARE

**MOLLIE STOKES, PASTORAL CARE TEAM
COORDINATOR**

The pastoral care ministry is a very rewarding experience for those involved. We spend memorable time with very interesting people. We listen, we share, and we keep our pastoral care parishioners in touch with St. Matthew's; their church that has meant so much to them over the years.

We are happy to welcome The Reverend Dana Rodgers to the team. Rev. Dana has moved to the Glebe from South-western Ontario.

The Covid-19 pandemic has hampered the work of the pastoral care team. It has been a challenge to keep in touch with phone calls, flowers and cards but we have been successful.

For some people it is a blessing that services are now on line and they can watch, but this is not something that everyone can do.

Though we are all concerned about the thought of another wave of Covid in the fall, we are starting to make visits and to bring Communion. For anyone who is unable to get to church and who would like to receive Communion or just receive a visit, please call the church office (613.234.4024) and we will arrange for someone to come to you.

If you are someone who would consider joining the team, please speak to Rev. Geoff or to me. Training is available and it is a time that is well spent.

OUR CONTAINER GARDEN

ADELLE FARELLE

This past spring, our family participated in the St. Matthew's container garden project, organized by the Creation Matters group. (See page 15 of the June issue of the Pulse of the Parish)

It was an opportunity to try out some basic food gardening and gain an appreciation for what it takes to get fresh, local food on the table. We have a small space (no rear yard and just a small plot of dirt out front), but the container was not much room at all and provided a good learning opportunity for our children ages 8 and 4.

Full disclosure: we did not end up getting much sustenance from the garden other than a couple radishes and some parsley. This was due to our negligence and willingness to treat the whole thing as a sort of experiment. However, that negligence did lead to other learning opportunities.

We decided to allow a couple of the radishes to bolt and grow flowers, even though we knew this would result in woody, inedible roots. Those flower stalks thrived and were soon—and still are—covered in tiny purple flowers. Those



Radishes in bloom

flowers attracted a great number of butterflies and small bees.

The kids didn't want to get close to the bees, but they enjoyed watching the butterflies lap up the nectar. Ultimately, even if we didn't end up with a bountiful harvest, the project was worthwhile for the pollinators alone, and we wouldn't hesitate to do it again—though next time, we might give the growing schedule a little more attention.

THE WAY WE WERE: FROM HORSE-DRAWN TO ELECTRIC

NEVILLE NANKIVELL

With Ottawa still beset by troubles in its light-rail transit system, spare a moment to look back on how the Bank Street electric railway in the late 19th century sparked the emergence of the Glebe as a distinct community and the home of St. Matthew's.

During the 1870s and 1880s horse-drawn streetcars were the main mode of public transit in Ottawa with houses built along their lines and clustered at their ends in New Edinburgh-Sandy Hill in the east and Preston, Rochester and Gladstone in the west.

Until the 1890s Bank Street was still a "rough and dusty route, half city street, half country road" running through the city's built up area as far as McLeod St., wrote the late Professor David Farr in his history of St. Matthew's. It went on as a rutted track south to the Rideau Canal, the Rideau River and beyond. Lansdowne Park, then 24 acres, was in its present location, used for agricultural exhibitions and in 1879 the Great Dominion Exhibition.

Most visitors to Lansdowne came from the city by boat on the canal. All that changed when the city's electric street railway system, started by two local entrepreneurs Thomas Ahearn and Warren Soper, began on Bank Street in 1891 south to Lansdowne. It was later extended across the canal on the Bank Street Bridge and into Ottawa South. Branch lines at various places were added over the years. By 1896, Ottawa had 48 kilometres of electric transit track and its streetcars were reliable, reasonably fast and inexpensive.

However, on January 8, 1898, when St. Matthew's first rector James Tancock planned to use them to get to Fourth and Bank for his first service to our then newly established parish, a fierce snowstorm shut the system down. The young Tancock and his wife made their way in a horse-drawn sleigh.

Construction of the first St. Matthew's church was not slated to start until that spring so Rev. Tancock's first service was held in a second-floor room above a grocery store (where the restaurant Flipper's is now) with a congregation of a dozen or so. Ottawa's electric trams quickly opened up new residential housing on what had been the



fringes of the city. And, as Professor Farr, an historian and long-time St. Matthew's parishioner, wryly noted, the civil servants those days used them to go home from the office for lunch. They were also a popular form of transit for holiday outings to Britannia Park and Rockcliffe Park.

By the outbreak of the First World War, most of the streets in the Glebe had been laid out and lined with houses. Shops, schools, churches (all major denominations), recreational facilities and other commercial outlets had been established. Largely English speaking and Protestant, many Glebe residents were public servants as well as several merchants, doctors and lawyers.

"It was a remarkably cohesive and comfortable society, buttressed by stable incomes, by common levels of education, and by shared aspirations," wrote Professor Farr, adding that south of Patterson Creek – where he said the real 'Glebe' neighbourhood began --it was solidly middle class.

Ottawa's electric tram system lasted for 68 years, replaced by buses in the late 1950s. The last line, Britannia, was closed in 1959 with 25,000 people lining the route for the final runs.

Sometime in the future, though, you may be able to see one of those historic trams on display at Lansdowne. Streetcar 696, is being painstakingly restored by a volunteer group in an on-and-off- again project started in 2000. Now housed in an OC Transpo garage, its first run was in 1917.



OUR SEVENTH ANNUAL WALK FOR THE CENTRE

ELIZABBETH KENT

Our traditional annual Walk for the Centre is back Sunday afternoon, October 2nd, 2022 from 1 to 4 pm. We are walking together in solidarity with our hungry neighbours and the Centretown Emergency Food Centre. Join in the fun with the St. Matthew's Team and walk the Queen Elizabeth pathway, meeting in Jean Pigott Place, City Hall.

Take a walk photo, decorate a downloaded sign, join a contest, donate online: www.centretownchurches.org/walkathon.

It will be a great afternoon and a chance to celebrate with a Barbershop Quartet, guest speakers, and Sons of Scotland Piper Band! Our top prize, a gift Certificate from Davidson's Jewellers, will be for best photo in the spirit of the Walk.

Choose to raise funds or make a donation online, supporting a walker or our team. If you are collecting the traditional way, please download a pledge form. You can send a cheque to: CCSAC, 507 Bank St., Ottawa Ont., K2P 1Z5 or put it in the collection plate on a Sunday morning.

Despite Covid restrictions, 2021 was an effective year for the Emergency Food Centre with a dedicated staff and 45

volunteers operating under Covid guidelines. The Centre is open 3 days a week and served 6,500 people with bags of prepackaged food in 2021.

The Emergency Food Centre offers a helping hand and a smile to those with financial, social and food insecurity. Their clients are the vulnerable, the isolated and the marginalized. The Centre provides clients with information about resources for community services such as where to find groceries, meals, shelters and drop-in centres. One such resource is Neighbours Helping Neighbours at 507 Bank St. in the basement of Centretown United Church.

The Centretown Emergency Food Centre opened in 1975 and its founding members were nine ecumenical churches. Now comprised of 22 ecumenical churches, the Centretown Churches Social Action Committee has served our community with anti-poverty relief and social justice advocacy for 47 years.

Celebrate with us! We are serving Christ in our neighbours. Please join with us in prayer for our success.

Thank you for your support!



BEN TSANG HONoured

VALERIE NEEDHAM

On July 28, 2022, in Spokane, Washington, USA, Dr. Ben Tsang received the Society for the Study of Reproduction Jansen Distinguished Leadership and Service Award for his “demonstration of unselfish service and leadership in advancing the discipline of reproductive biology”.

Dr. Ben Tsang completed his undergraduate training at Bemidji State University Minnesota (chemistry), received MSc (Biochemistry) from the University of Iowa, and Ph.D. (Pharmacology) from the University of Ottawa.

In 1980, Dr. Tsang joined the University of Ottawa as the Director, Reproductive Biology Unit and initiated a research-intensive academic program in the Department of Obstetrics and Gynaecology.

He is a Professor of Obstetrics & Gynaecology and Cellular & Molecular Medicine, Interdisciplinary School of Health Sciences and Professor Emeritus, University of Ottawa. He is also a Senior Scientist in the Chronic Disease Program, as well as Emeritus Senior Scientist, Ottawa Hospital Research Institute.

The citation for Ben’s award reads, in part, *“Professor Tsang is an internationally recognized ovarian biologist, who has successfully developed a translational research program in women’s health. His team of basic scientists and clinical investigators address important health issues, including female infertility and ovarian cancer.”*

Ben’s research program covers the broad area of cell fate regulation in women’s reproductive health. He and his team are examining the cell signaling pathways involved in the regulation of ovarian cell survival and programmed cell death and have defined basic mechanisms governing normal ovarian growth and offered important insights into the pathophysiology of polycystic ovarian syndrome.

In addition, his research on the molecular and cellular basis of chemoresistance in ovarian cancer has provided key information for the development of new therapy for chemoresistant ovarian cancer.

His current investigation, employing nanophotonics and machine learning, focuses on the utility of exosomes (small, secreted vesicles) as a biomarker for early detection of ovarian cancer and prediction of chemosensitivity.



During the pandemic, Ben and his team repurposed their knowledge and skills and developed biomarkers predictive of Covid-19 patient outcome during hospitalization. This could serve as a helpful decision aid when the hospital system is overwhelmed during the pandemic and difficult decisions have to be made on allocation of hospital resources.

The success of Professor Tsang’s research is also reflected by his ability to secure continuous funding from MRC/CIHR during the past 39 years. He has contributed over 235 original publications and 20 reviews/book chapters and was awarded 4 patents. He has trained over a hundred postdoctoral fellows, PhD and MSc candidates during his over 40-year academic career.”

Ben is currently a Vice President of the Glebe Centre, serves on its Board of Directors, Co-Chairs the Charitable Giving Committee and is the Chair of the Ottawa Chinese Community Fundraising Committee. In the Anglican Diocese of Ottawa, Ben served on the Diocesan Executive Committee, its Postulancy Committee and as Warden of St. Peter’s Chinese Anglican Church and Julian of Norwich Anglican Church.

Ben and his wife Janet have worshipped at St. Matthew’s for the past 3 years.

Congratulations, Ben!

LENORE FAHRIG HONOURED

VALERIE NEEDHAM

On June 16, 2022, in Bilboa, Spain, Dr. Lenore Fahrig received an important international award for her groundbreaking work into the spatial dimension of ecosystem research. The Frontiers of Knowledge Award in Ecology and Conservation Biology, instituted by the Banco Bilbos Vizcaya Argentaria (BBVA) Foundation, was given this year to three researchers who have made essential contributions in the field of spatial ecology.

Lenore is a pioneer in the study of landscape fragmentation, researching the impact that habitat fragmentation and loss of connectivity between remnant patches has on biodiversity. The other award winners were Dr. Steward Pickett, a pioneer in urban ecology and the coming need for urban spaces to conserve biodiversity. And Dr. Simon Levin, who led the mathematical development of the study of spatial ecology, building into it models for analysis of complex ecosystems.

The Citation for Lenore's Award reads, in part, *"We study how the distribution of the landscape, the different patches you can see from a plane, affects the life of organisms. It is a topic that has immediate applications to very concrete problems: Is it better to create a really large, protected area or a lot of smaller ones? Is it useful to create 'ecological corridors' between areas? And what impacts may derive from the layout of a given road ..."*

"Her work recognizes the critical role that road networks and small conservation areas play in altering the distribution and abundance of species ..." Pedro Jordano, Committee Secretary, states that what Lenore's work has shown is that "it is also important to conserve small areas, because if they are well interconnected, they can help preserve biodiversity. She has championed the idea of ensuring connectivity between reserves. For unless they are properly connected by natural corridors, the result can be a decline in species richness.

"When I started my career," Fahrig recalls, "the importance of ecological corridors was very far from clear." Her research enabled her to document the huge biodiversity impact of roads, with animal roadkill at the top of the list, and it has prompted a search for new strategies to mitigate the problem.

"The knowledge that we have about the harm we are causing is also the knowledge we need to stop the loss of

species", she insists. "It is entirely unjustifiable to be endangering species for short-term economic gain. We know how to reduce our impact, and how we bring ourselves to do that is a matter of being aware of the value of nature and of other species."

To view Lenore's eloquent acceptance speech, please go to [Dr. Lenore Fahrig's Acceptance Speech](#).

Some years ago, Lenore, a long-time parishioner at St. Matthew's, spear-headed an initiative of the Diocese of Ottawa to divest in investment in fossil fuel. The motions were passed by the Synod of 2015.

Congratulations, Lenore!



Award recipients from L to R: Lenore Fahrig, Steward Pickett and Simon Levin

CENTRE 454

RICK TRITES



Centre 454 is a drop-in center for those suffering from poverty, homelessness or inadequate housing, and is one of the six community ministries of the Anglican Diocese of Ottawa. It is located at 454 King Edward Street in the basement of St. Alban's Church.

The Centre is open Monday-Saturday, 8:00 am — 11:30 am and noon — 3:00pm, and provides various services, including washrooms, showers, laundry, computer and phone access, mail and message pick-up, device charging, and coffee and snacks. We also provide assistance on a variety of applications for government assistance, and connections to a range of locally provided social programs.

We try to satisfy a range of clothing requests, the most frequent being underwear and socks from donations we receive. On a typical day we will have 50-125 visitors, often depending on the weather and the timing of government support payments.

Ideally, we have 5 staff members who circulate in the Centre and outside in the courtyard, connecting with visitors and meeting in offices to provide assistance and moral support. There are one or more volunteers each day who work at reception, and in the kitchen and laundry. We also have students doing work placements in support of their educational programs. Upstairs in the church there are cots that provide respite for rest and quiet conversation with a staff member.

I started to volunteer in March, working primarily at reception. The Centre is a remarkable community. Our folks come primarily from the homeless or near-homeless, often carrying or rolling bags with their belongings. Some live in nearby rooming houses and apartments. Many make the rounds from the Shepherds of Good Hope to various programs and services around the city-center.

Some of our staff also do 'outreach' where they connect with the community members at various locations, for example in the Market or outside the Rideau Centre.

St. Matthew's has a long history of supporting Centre 454. Bev Jensen, of our parish, was on the Centre Board of Directors, and several years ago we purchased and built a shed in the courtyard. Unfortunately, our shed is no more--- the story is that the shed burned down when

someone was trying to stay warm in the winter when the Centre was closed.

Recently I have noticed that our clothing donations have dropped off. As noted in recent bulletins, the items in

most demand are women's and



Respite cots in the sanctuary



Clean-up crew in the courtyard

men's underwear and socks in medium and large sizes.

I would add to this list: razors, and with cold weather coming---gloves, mitts, and long-johns. We always need gently used towels and coffee mugs as you clean your cupboards. We are also in constant need of shaving cream, tooth brushes and paste, and hygiene products.

If you can help us, please leave donations at the back of the church with my name, and I can provide them weekly to our visitors. Money donations are of course welcome. Please make out your cheque to St. Matthew's and indicate Centre 454 on the notes line.

The Centre 454 slogan is wonderfully simple --- 'Choose Hope!'



Police officers cooking for our visitors

CREATION MATTERS

MARG TERRETT

Spring Into Green hatched the **Green Group** which grew into the **Creation Matters Group**. Creation Matters has a Biblical connection which better describes our vision. We are dedicated to helping all members of the St. Matt's community become better stewards of the environment.

We invite more people to join our **Creation Matters Chat Group**. No jobs are attached to membership! It is simply a place to share ideas about how we can become more aware of the environment and the choices we make in our day-to-day lives. We talk about what we could do in our homes, church and community to be good stewards of the environment. We discuss strategies to influence municipal politics by asking the candidates running for office in our constituencies about their positions on environmental issues.

To join the group, email Bill Nuttle (wknuttle@gmail.com) to receive an invitation to our Zoom chats. It's a good way to link with like-minded people in our parish family and get some great ideas for greening your life.

A focus of the group has been to explore ideas around reducing the use of plastic. Mary Glen told us of the recycling service in all area Metro Stores for plastic bags of all descriptions: the ones in cereal boxes, bread bags and many others. Look for the grey container at your store. You may have to ask where it is, but it will be there.

We are also planning to give our sister parish of St. Thomas, Moose Factory, a water filtration unit for their parish hall so they don't have to use bottled water for their functions. As reported in the June issue of the *Pulse of the Parish* (p. 7), most people in the community drink bottled water because of the high chlorine content of the water from the municipal supply. The filtration unit will reduce the use of plastic bottles at St. Thomas.

We have partnered with a Canadian Company, **TruEarth**, (whose objective is to reduce plastic bottles used in household cleaning products) in their 'Fundraising Store'. Their most popular product is laundry sheets but they have a range of environmentally sensitive products you might enjoy.

St. Matthew's receives a rebate of 20% from the sales from the store and those funds will go towards the fund-

ing of the filtration system at St. Thomas. You can help by purchasing products from the following site: <https://fundraising.tru.earth/StMatthewsAnglicanOttawa>.

St. Matthew's Creation Matters group is taking part in a March for Climate Justice at noon on Friday, September 23, 2022, in Ottawa. This is part of a worldwide Strike for Climate organized by Fridays for the Future ([Fridays for the Future](https://fridaysforthefuture.org/)). Details and plans about where to meet up will be discussed on a Zoom call the evening of September 20. Contact Bill Nuttle if you would like to join us.

Share your ideas about how you keep the environment happy by leaving ideas on the bulletin board at the back of the church.

God loves us and gave us this beautiful earth which we have taken for granted. Now it's time to return that love each day by making a commitment to doing something *everyday* to honour Creation, our magnificent gift.

METRO'S PLASTICS BLUE BIN: YOUR GUIDE TO WHAT'S RECYCLABLE

YES

- Dry cleaning bags
- Produce bags
- Grocery and retail bags
- Plastic wrappers
(like those from toilet paper, diapers and paper towels)
- Cereal box liners
(but if it tears like paper, it's not recyclable)
- Bubble wrap and air pillows
(but pop the bubbles and pouches first; it's not only required, it's fun)
- Plastic shipping envelopes
- Zip-top bags and sandwich bags
- Bread bags
- Newspaper bags



SORRY, NO

- Food wrap (cling wrap)
- Cellophane (like from flowers or gift baskets)
- Frozen food bags
- Pretzel and potato chip bags
(Note: Some manufacturers are taking strides to minimize packaging and reduce landfill-bound waste, and Teracycle has a program to collect snack bags and turn them into 3D printer filament)
- Biodegradable produce bags
(often recognizable by their greenish tint – better suited for compost collection)
- Salad and greens bags, food packages
- Candy bar wrappers
- Zipper bedding packaging
(These might be accepted by your curbside program – check with your hauler.)



GOD'S GLORIOUS CREATION

THE REVEREND KATIE TAIT

*"All things bright and beautiful,
All creatures great and small,
All things wise and wonderful,
The LORD God made them all."*

This was one of my favourite hymns when I was a child. When I moved to Canada from Scotland, I was delighted to find that the third verse had been re-written to be Canadian –

*"The rocky mountain splendour,
The loon's wild haunting call,
The great lakes and the prairies,
The forest in the fall"*

Since immigrating here in 1968 I have lived in Ontario, Alberta, British Columbia and Nova Scotia. I have also visited the Northwest Territories, Nunavut and Prince Edward Island.

For the three years before COVID it was my great delight to drive back to Nova Scotia each summer and to drive slowly across central Canada from Ottawa to Calgary stopping off at several places on the way. It was lovely.

Then came limitations on travel. Having to stay in Ottawa all the time was not my retirement plan. It is turning out to be a challenge and a delight.

Going for walks along the Ottawa River, around Mud

Lake, in Britannia or one of the other lovely parks here has been refreshing.

The urban wildlife is a great source of wonder and joy. Beaver, otters, muskrats, herons, chickadees, owls, humming birds, and innumerable flowers and foliage are all around to be seen and experienced.

The second verse of the hymn still holds true the world over:

*"Each radiant flower that opens,
Each vibrant bird that sings,
God made their glowing colours,
God made their lively wings."*

Fall is coming soon with its glorious colours and mellow fruitfulness. There is so much for which I am thankful, and my hope is we may all experience the delight of Creation.

Blessings, peace and joy to you all,

Katie



*Photos from ramblings
around Ottawa*



ST. MATTHEW'S

The Anglican Church in the Glebe

St. Matthew's is a vibrant Christian community that welcomes everyone, embraces inspiring worship and learning, and is committed to hospitality and loving service.

Sunday 10:30 a.m.
In-person Choral Eucharist,
streamed on YouTube
[Worship Services](#)

Streamed on Facebook
[Worship Services](#)

Sunday 8 a.m. and Thursday 10 a.m.
In-person Said Eucharist

Clergy

Rector The Reverend Geoffrey Chapman
Honorary Assistants The Most Reverend Barry Curtis
The Reverend Canon Jim Beall
The Reverend Katherine Tait

Leadership and Administration

Rector's Warden Rick Trites
Deputy Warden Sancho Angulo
Parish Administrator Catherine James-McGuinity
Communications Chair Jan O'Meara
Nominating Chair Helen Griffin
Property Co-Chairs Bill Nuttle

Bill Cornfield
Stewardship Officer Paul Wefers-Bettink
Members of Synod Randi Goddard
Rick Trites
Charles Nixon
Valerie Needham

Finance and Accounting

Finance Chair Walt Draper
Fundraising Chair Peggy Nankivell
Treasurer Amy Lockwood
Counters Michael Goddard
Contributions Coordinator Brian Effer
Stewardship Co-Chairs Paul Wefers-Bettink
Janice Sonnen
Stewardship Officer Paul Wefers-Bettink

Worship and Music

Director of Music and Organist Kirkland Adsett
Altar Guild Elizabeth MacMillan
Robina Bulleid
Servers Guild Cathy Simons
Sidespersons Peter Frayne
Worship Committee The Reverend Geoffrey Chapman

Nurturing and Fellowship

Coordinator of Children and Youth Ministry *seeking*
Christian Education and Formation Helen Griffin
Community Chair Marg Terrett
Coffee Hour Jane and Peter Rider
Prayer Support Team Catherine Thurlow
Prayer Chain Janice Sonnen
Open Doors Jane Oulton
Pastoral Care Mollie Stokes

Outreach

Outreach Co-Chairs *Seeking*
CCSAC Emergency Food Centre Elizabeth Kent
Cornerstone Meal-A-Month Program Ashley Thorvaldson
Harmony House Catherine James-McGuinity
Marmalade Team Peter Rider
Out of the Cold Supper Anita Biguzs
FACES Refugee Committee Tom Martin

Pulse of the Parish, the community newsletter of St. Matthew's Anglican Church, is published four times a year. The dates for publication in 2022 are as follows: March 25 (submissions by March 18), June 10 (submissions by June 3), September 16 (submissions by September 9) and November 25 (submissions by November 18).

Please forward contributions of up to 600 words and photographs by these due dates to Val Needham, Editor:
needhav@algonquincollege.com.

Together, we celebrate all that we do at St. Matthew's to the glory of God and in loving service of our neighbours.



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